

Progression of British Swimming Records (50m)

Time	Place/Series	Competitor	Competition	Venue	Date
<b>Men's 50 metres Freestyle</b>					
21.11 CWR	1sf1	Benjamin 'Ben' Proud	European Championships	Glasgow, GBR	8 Aug 2018
21.16 cwr	1fA	Proud	Trofeo Sette Colli	Rome, ITA	29 Jun 2018
21.30	1sf2	Proud	Commonwealth Games	Gold Coast, AUS	9 Apr 2018
21.32	1	Proud	GBR Nationals/WCTs	Sheffield, GBR	22 Apr 2017
21.54	3sf2	Proud	Olympic Games	Rio de Janeiro, BRA	11 Aug 2016
21.65	1h7	Proud	GBR Olympic Trials	Glasgow, GBR	16 Apr 2016
21.73	1	Proud	BUCS Championships	Sheffield, GBR	20 Feb 2016
21.76	1sf2	Proud	Commonwealth Games	Glasgow, GBR	28 Jul 2014
21.86	1	Proud		Plymouth, GBR	5 May 2014
21.92	1	Adam Brown	GBR World Championship Trials	Sheffield, GBR	26 Jun 2013
21.96	1	Mark Foster	Golden Bear	Zagreb, CRO	21 Jun 2008
22.12	1	Simon Burnett	GBR Nationals/CGTs	Sheffield, GBR	7 Aug 2005
22.13	1tt	Foster	North East County Championships	Sheffield, GBR	13 May 2001
22.29	1	Foster	Super Speedo GP	Sheffield, GBR	27 May 2000
22.43	1	Foster	GBR Olympic Trials	Sheffield, GBR	24 May 1992
22.72	=3	Mike Fibbens	European Championships	Athens, GRE	24 Aug 1991
23.13	1fB	Foster	European Championships	Strasbourg, FRA	23 Aug 1987
23.30	1	Foster	GBR Nationals/ECTs	London, GBR	1 Aug 1987
23.41	3	David Lowe	McDonalds International	Los Angeles, Ca	16 Jul 1983
23.48	1	Lowe	Speedo International	Amersfoort, NED	30 Jan 1983
23.67	1h	Lowe	Speedo International	Amersfoort, NED	30 Jan 1983
<b>Men's 100 metres Freestyle</b>					
47.87	1	Duncan Scott	GBR Nationals/WCTs	Glasgow, GBR	18 Apr 2019
47.90	1	Scott	GBR Nationals/WCTs	Sheffield, GBR	20 Apr 2017
48.01	1h5	Scott	Olympic Games	Rio de Janeiro, BRA	9 Aug 2016
48.01	5	Scott	Olympic Games	Rio de Janeiro, BRA	10 Aug 2016
48.20	=3Rh2	Simon Burnett	Olympic Games	Beijing, CHN	10 Aug 2008
48.57	1	Burnett	Commonwealth Games	Melbourne, AUS	19 Mar 2006
48.68	1	Burnett	GBR Nationals/CGTs	Sheffield, GBR	9 Aug 2005
48.76	sf	Burnett	GBR Nationals/CGTs	Sheffield, GBR	8 Aug 2005
49.65	1h	Matthew Kidd	GBR Olympic Trials	Sheffield, GBR	7 Apr 2004
49.72	1sf1	Kidd	Commonwealth Games	Manchester, GBR	1 Aug 2002
49.78	R	Kidd	World University Games	Beijing, CHN	25 Aug 2001
49.84	4	Kidd	World University Games	Beijing, CHN	25 Aug 2001
49.99		Kidd			2001
50.04	1	Nicholas Shackell	GBR Nationals/ECTs	Sheffield, GBR	11 Apr 1997
50.04	6	Gavin Meadows	European Championships	Istanbul, TUR	28 Jul 1999
50.24	1h	Mike Fibbens	GBR Olympic Trials	Sheffield, GBR	22 May 1992
50.30	7	Fibbens	European Championships	Athens, GRE	22 Aug 1991
50.54	h	Fibbens	European Championships	Athens, GRE	22 Aug 1991
50.57	Rh	Andrew 'Andy' Jameson	US Spring Nationals	Orlando, FI	25 Mar 1988
50.78	h	Jameson	European Championships	Strasbourg, FRA	20 Aug 1987
50.91	2h8	Jameson	World Championships	Madrid, ESP	19 Aug 1986
50.91	1	Roland Lee	GBR Nationals/ECTs	London, GBR	2 Aug 1987
51.21	3	Jameson	Commonwealth Games	Edinburgh, GBR	27 Jul 1986
51.32	2so	David Lowe	European Championships	Rome, ITA	24 Aug 1983
51.58		Lowe		Rome, ITA	14 Jul 1983
51.69	2R	Lowe	Commonwealth Games	Brisbane, AUS	1 Oct 1982
51.74	1h	Richard Burrell	GBR Nationals/CGTs	London (CP), GBR	22 Aug 1982
51.88	2h5	Martin Smith	Olympic Games	Moscow, URS	26 Jul 1980
51.94?		Burrell			
52.23	2	Burrell	USA vs GBR Duel	Orlando, FI	21 Aug 1979
52.26	2Rh3	Smith	World Championships	West Berlin, FRG	22 Aug 1978
52.30	1	Brian Brinkley	GBR Nationals	Coventry, GBR	30 Aug 1975
53.4-h	2	Robert 'Bobby' McGregor	World University Games	Tokyo, JPN	29 Aug 1967
53.5-h	2	McGregor	Olympic Games	Tokyo, JPN	12 Oct 1964
53.9-h(yd)		McGregor		London, GBR	22 Aug 1964

## Men's 200 metres Freestyle

1:44.91	1R	Duncan Scott	World Championships	Gwangju, KOR	26 Jul 2019
1:45.14	1	James Guy	World Championships	Kazan, RUS	4 Aug 2015
1:45.43	1sf1	Guy	World Championships	Kazan, RUS	3 Aug 2015
1:45.99	5R	Robert 'Robbie' Renwick	World Championships	Rome, ITA	31 Jul 2009
1:46.11	1Rh1	Renwick	World Championships	Rome, ITA	31 Jul 2009
1:46.46	8sf2	Ross Davenport	World Championships	Rome, ITA	27 Jul 2009
1:46.47	2Rh2	David Carry	Olympic Games	Beijing, CHN	12 Aug 2008
1:46.59	1	Simon Burnett	GBR Nationals/CGTs	Sheffield, GBR	5 Aug 2005
1:47.26	1h	Burnett	GBR Nationals/CGTs	Sheffield, GBR	4 Aug 2005
1:47.72	3sf1	Burnett	Olympic Games	Athens, GRE	15 Aug 2004
1:47.95	5	Paul Palmer	Olympic Games	Sydney, GBR	18 Sep 2000
1:48.01	2	Palmer	European Championships	Istanbul, TUR	29 Jul 1999
1:48.84	4	Palmer	European Championships	Sheffield, GBR	3 Aug 1993
1:48.92	1fB	Palmer	Olympic Games	Barcelona, ESP	26 Jul 1992
1:49.21	5h8	Palmer	Olympic Games	Barcelona, ESP	26 Jul 1992
1:49.86	5h7	Paul Howe	Olympic Games	Barcelona, ESP	26 Jul 1992
1:50.50	1	Palmer	European Age Championships	Antwerp, BEL	1 Aug 1991
1:50.50	1	Palmer	GBR Olympic Trials	Sheffield, GBR	21 May 1992
1:50.54	h	Howe	LEN Invitational	Rome, ITA	9 Aug 1990
1:50.68	4	Howe	Commonwealth Games	Auckland, NZL	26 Jan 1990
1:51.14	1h2	Howe	Commonwealth Games	Auckland, NZL	26 Jan 1990
1:51.22	7h6	Howe	Olympic Games	Seoul, KOR	19 Sep 1988
1:51.52	1	Andrew Astbury	Commonwealth Games	Brisbane, AUS	2 Oct 1982
1:52.47 cwr	2h5	Gordon Downie	Olympic Games	Montreal, Qc	19 Jul 1976
1:53.07 cwr	2h2	Brian Brinkley	Olympic Games	Montreal, Qc	19 Jul 1976
1:53.56	3	Brinkley	World Championships	Cali, COL	22 Jul 1975
1:54.15	2h5	Brinkley	World Championships	Cali, COL	22 Jul 1975
1:54.61	2h4	Downie	World Championships	Cali, COL	22 Jul 1975
1:55.21		Downie		Stockholm, SWE	13 Apr 1975
1:56.17	7	Brinkley	European Championships	Vienna, AUT	19 Aug 1974
1:56.42	5	Brinkley	World Championships	Belgrade, YUG	4 Sep 1973
1:56.68		Brinkley		Coventry, GBR	3 Aug 1973
1:56.75	5R	Brinkley	Olympic Games	Munich, FRG	31 Aug 1972
1:56.99	2h6	Brinkley	Olympic Games	Munich, FRG	29 Aug 1972
1:57.5		Brinkley			18 Apr 1972

## Men's 400 metres Freestyle

3:43.75	2	James Guy	World Championships	Kazan, RUS	2 Aug 2015
3:44.16	1	Guy	GBR Nationals/WCTs	London, GBR	14 Aug 2015
3:44.58	3	Guy	Commonwealth Games	Glasgow, GBR	24 Jul 2014
3:45.15	1	Guy	GBR Nationals/CGTs	Glasgow, GBR	10 Apr 2014
3:45.24	1	David Davies	GBR Nationals/WCTs	Sheffield, GBR	16 Mar 2009
3:47.17	5h5	David Carry	Olympic Games	Beijing, CHN	9 Aug 2008
3:47.40	1	Carry	ASA Championships	Sheffield, GBR	27 Jul 2007
3:48.02	3	Paul Palmer	World Championships	Perth, AUS	15 Jan 1998
3:48.14	2	Palmer	European Championships	Sheffield, GBR	6 Aug 1993
3:50.01 cwr	1h6	Kevin Boyd	Olympic Games	Seoul, KOR	23 Sep 1988
3:51.93	4	Boyd	World Championships	Madrid, ESP	21 Aug 1986
3:53.10	1h	Boyd	World Championships	Madrid, ESP	21 Aug 1986
3:53.29	1	Andrew Astbury	Commonwealth Games	Brisbane, AUS	4 Oct 1982
3:55.93	6	Astbury	European Championships	Split, YUG	10 Sep 1981
3:56.46	1fB	Astbury	AAU Nationals	Fort Lauderdale, FL	16 Aug 1979
3:56.87	2	Simon Gray	Commonwealth Games	Edmonton, Ab	7 Aug 1978
3:58.75	2h2	Gray	Commonwealth Games	Edmonton, Ab	6 Aug 1978
3:59.98		Gray	GBR Nationals/CGTs-WCTs	Blackpool, GBR	30 May 1978
4:00.32	h	Gordon Downie	European Championships	Jonkoping, SWE	18 Aug 1977
4:01.00	3h6	Downie	Olympic Games	Montreal, Qc	22 Jul 1976
4:01.37		Brian Brinkley		Leeds, GBR	19 Apr 1976
4:02.88	5	Downie	World Championships	Cali, COL	24 Jul 1975
4:04.39	4	Brinkley	European Championships	Vienna, AUT	22 Aug 1974
4:06.44	2h6	Brinkley	Olympic Games	Munich, FRG	1 Sep 1972

## Men's 800 metres Freestyle

7:44.32	5	David Davies	World Championships	Rome, ITA	29 Jul 2009
7:45.89	2h4	Davies	World Championships	Rome, ITA	28 Jul 2009

7:50.49	1	Davies	Scottish Championships	Glasgow, GBR	27 Jun 2009
7:50.74	1	Davies		Liverpool, GBR	11 Jul 2008
7:51.12	3	Graeme Smith	World Championships	Fukuoka, JPN	24 Jul 2001
7:56.73	2h4	Smith	World Championships	Fukuoka, JPN	23 Jul 2001
7:57.93	1	Smith	Scottish Championships	Glasgow, GBR	23 Jun 2001
7:58.84	1+	Smith	Super Speedo GP	Manchester, GBR	3 Jun 2001
7:59.48	1+	Smith	GBR Olympic Trials	Sheffield, GBR	22 Mar 1996
8:00.63	2+	Ian Wilson	European Championships	Athens, GRE	25 Aug 1991
8:01.87 cwr	2	Kevin Boyd	US Spring Nationals	Orlando, Fl	22 Mar 1988
8:09.83	4+	Anthony Day	Commonwealth Games	Edinburgh, GBR	30 Jul 1986
8:11.61	+	David Stacey		Coventry, GBR	28 May 1984
8:13.83	1+	Simon Gray	GBR Nationals	Blackpool, GBR	23 May 1980
8:13.86	?8fA	Andrew Astbury	US Spring Nationals	Austin, Tx	9 Apr 1980
8:16.50	1h3+	Gray	World Championships	West Berlin, FRG	24 Aug 1978
8:17.58		Gray			9 Aug 1978
8:20.72	?1h+	Gray	GBR Nationals/CGTs-WCTs	Blackpool, GBR	26 May 1978
8:23.71	3h1+	David Parker	Olympic Games	Montreal, Qc	19 Jul 1976
8:30.26		Parker		Leeds, GBR	18 Apr 1976

#### Men's 1500 metres Freestyle

14:45.95	3	David Davies	Olympic Games	Athens, GRE	21 Aug 2004
14:57.03	1h3	Davies	Olympic Games	Athens, GRE	20 Aug 2004
14:57.93	1	Davies	GBR Olympic Trials	Sheffield, GBR	11 Apr 2004
14:58.94	2	Graeme Smith	World Championships	Fukuoka, JPN	29 Jul 2001
15:02.48	3	Smith	Olympic Games	Atlanta, Ga	26 Jul 1996
15:03.43	1	Smith	GBR Olympic Trials	Sheffield, GBR	22 Mar 1996
15:03.72	2	Ian Wilson	European Championships	Athens, GRE	25 Aug 1991
15:11.17	4	Wilson	World Championships	Perth, AUS	13 Jan 1991
15:16.05	1	Wilson	LEN Invitational	Rome, ITA	12 Aug 1990
15:17.56	2h3	Kevin Boyd	Olympic Games	Seoul, KOR	24 Sep 1988
15:20.87		Boyd	Mare Nostrum	Monaco, MON	3 Jun 1988
15:22.76	4	Anthony Day	Commonwealth Games	Edinburgh, GBR	30 Jul 1986
15:30.10	4h4	David Stacey	Olympic Games	Los Angeles, Ca	3 Aug 1984
15:31.42	1h3	Simon Gray	World Championships	West Berlin, FRG	24 Aug 1978
15:39.39	2	Gray	Commonwealth Games	Edmonton, Ab	9 Aug 1978
15:42.55	6	David Parker	European Championships	Jonkoping, SWE	20 Aug 1977
15:46.60	3h1	Parker	Olympic Games	Montreal, Qc	19 Jul 1976
15:54.78	2	James Carter	European Championships	Vienna, AUT	25 Aug 1974
16:34.70	4	Carter	Commonwealth Games	Christchurch, NZL	1 Feb 1974
16:39.6	1	Brian Brinkley	GBR Olympic Trials	London, GBR	15 Jul 1972
16:39.8		Brian Brinkley			28 May 1972

#### Men's 50 metres Backstroke

24.04 wr/CWR	1	Liam Tancock	World Championships	Rome, ITA	2 Aug 2009
24.08 wr	1sf1	Tancock	World Championships	Rome, ITA	1 Aug 2009
24.47 cwr	1h +	Tancock	GBR Olympic Trials	Sheffield, GBR	2 Apr 2008
24.84 cwr	1sf2	Tancock	Commonwealth Games	Melbourne, AUS	16 Mar 2006
25.02	3	Tancock	World Championships	Montreal, Qc	31 Jul 2005
25.22	2sf1	Tancock	World Championships	Montreal, Qc	30 Jul 2005
25.38	1	Tancock	GBR Nationals/WCTs	Manchester, GBR	19 Mar 2005
25.60		Tancock	European Junior Champs	Glasgow, GBR	31 Jul 2003
25.69		Tancock	European Junior Champs	Glasgow, GBR	31 Jul 2003
25.90	1h	Neil Willey	North East County Champs	Sheffield, GBR	13 May 2001
26.00	1	Martin Harris	GBR Nationals/ECTs	Sheffield, GBR	10 Jul 1999
26.01		Harris	Mare Nostrum	Monaco, MON	19 Jun 1994
26.28		Alan Rapley		Arkansas City, Ks	15 Feb 1992
26.82	1h2	Harris	World Championships	Perth, AUS	6 Jan 1991
26.60+*	1	Harris	Pre-World Championships	Perth, AUS	4 Jan 1991
26.94		Neil Harper	CSCA Invitational	Indianapolis, In	10 Apr 1988

#### Men's 100 metres Backstroke

52.73 cwr	=4	Liam Tancock	World Championships	Rome, ITA	28 Jul 2009
53.08	2h11	Tancock	World Championships	Rome, ITA	27 Jul 2009
53.20	1	Tancock	GBR Nationals/WCTs	Sheffield, GBR	17 Mar 2009
53.39	6	Tancock	Olympic Games	Beijing, CHN	12 Aug 2008
53.46	1	Tancock	Japan International	Chiba, JPN	22 Aug 2007

53.61 cwr	3	Tancock	World Championships	Melbourne, AUS	27 Mar 2007
53.71 cwr	1sf1	Tancock	World Championships	Melbourne, AUS	26 Mar 2007
54.42	1R	Tancock	Commonwealth Games	Melbourne, AUS	21 Mar 2006
54.53	1	Tancock	Commonwealth Games	Melbourne, AUS	20 Mar 2006
54.90	1	Gregor Tait	GBR Olympic Trials	Sheffield, GBR	11 Apr 2004
54.90	1	James Goddard	GBR Nationals/WCTs	Manchester, GBR	16 Mar 2005
55.00	1	Martin Harris	GBR Nationals/ECTs	Sheffield, GBR	22 Apr 1995
55.73	1	Harris	GBR CGTs-WCTs	London, GBR	31 Jul 1994
55.75	3	Harris	European Championships	Sheffield, GBR	7 Aug 1993
55.90	h	Harris	European Championships	Sheffield, GBR	7 Aug 1993
55.92	1	Harris	GBR Nationals/ECTs	Sheffield, GBR	13 Jun 1993
56.77	1	Harris	GBR Olympic Trials	Sheffield, GBR	23 May 1992
57.08	4h4	Harris	World Championships	Perth, AUS	12 Jan 1991
57.56	1fB	Harris	LEN Invitational	Rome, ITA	11 Aug 1990
57.60	1	Harris	TSB	Leeds, GBR	13 Apr 1990
57.72	6R	Gary Abraham	Olympic Games	Moscow, URS	24 Jul 1980
57.90	3sf1	Abraham	Olympic Games	Moscow, URS	20 Jul 1980
58.00	Rf	Abraham	US Spring Nationals	Austin, Tx	12 Apr 1980
58.12	2fB	Abraham	US Spring Nationals	Austin, Tx	12 Apr 1980
58.34		Abraham		London, GBR	11 Aug 1979
58.48	2	Abraham	Commonwealth Games	Edmonton, Ab	9 Aug 1978
59.07	1h1	Abraham	Commonwealth Games	Edmonton, Ab	8 Aug 1978
59.43	1	Abraham	GBR Nationals/CGTs-WCTs	Blackpool, GBR	28 May 1978
59.60		James 'Jim' Carter			29 May 1975
59.60	6R	Carter	Olympic Games	Montreal, Qc	22 Jul 1976
59.82	R	Colin Cunningham	European Championships	Vienna, AUT	25 Aug 1974
1:00.3	?1h	Cunningham	GBR Olympic Trials	London, GBR	15 Jul 1972
1:00.7		Michael 'Mike' Richards		Turin, ITA	28 Aug 1971
1:01.69	2	Richards	Commonwealth Games	Edinburgh, GBR	23 Jul 1970

#### Men's 200 metres Backstroke

1:55.58	1	James Goddard	Commonwealth Games	Delhi, IND	6 Oct 2010
1:56.05	5sf2	Christopher Walker-Hebborn	World Championships	Rome, ITA	30 Jul 2009
1:56.67	1	Gregor Tait	GBR Olympic Trials	Sheffield, GBR	3 Apr 2008
1:56.84	1h	Tait	GBR Olympic Trials	Sheffield, GBR	2 Apr 2008
1:57.25 cwr	1sf1	Goddard	Olympic Games	Athens, GRE	18 Aug 2004
1:57.42 cwr	1	Tait	GBR Olympic Trials	Sheffield, GBR	9 Apr 2004
1:58.58	1sf	Goddard	GBR Olympic Trials	Sheffield, GBR	8 Apr 2004
1:58.65	1	Goddard	GBR Nationals/WCTs	Sheffield, GBR	21 Mar 2003
1:58.97	1sf	Goddard	GBR Nationals/WCTs	Sheffield, GBR	20 Mar 2003
1:59.52 cwr	1	Adam Ruckwood	GBR Nationals/ECTs	Sheffield, GBR	23 Apr 1995
2:00.15	6	Ruckwood	World Championships	Rome, ITA	7 Sep 1994
2:00.61	1h4	Ruckwood	World Championships	Rome, ITA	7 Sep 1994
2:00.79	1	Ruckwood	Commonwealth Games	Victoria, BC	21 Aug 1994
2:01.13	1	Ruckwood	International	Edinburgh, GBR	2 Apr 1994
2:01.90	1	Ruckwood	GBR Nationals/ECTs	Sheffield, GBR	11 Jun 1993
2:02.58	1	Matthew O'Connor	GBR Olympic Trials	Sheffield, GBR	22 May 1992
2:02.65	3fB	Grant Robbins	European Championships	Athens, GRE	22 Aug 1991
2:03.03	h	Robbins	European Championships	Athens, GRE	22 Aug 1991
2:03.20	1h3	Gary Binfield	Commonwealth Games	Auckland, NZL	27 Jan 1990
2:03.56	h	Binfield	European Championships	Bonn, GER	17 Aug 1989
2:03.79	1h3	Binfield	Olympic Games	Seoul, KOR	22 Sep 1988
2:04.16	1	John Davey	GBR Nationals/ECTs	London, GBR	30 Jul 1987
2:04.23	7	Douglas Campbell	Olympic Games	Moscow, URS	26 Jul 1980
2:04.78	2h1	Campbell	Olympic Games	Moscow, URS	26 Jul 1980
2:05.31		Campbell		Blackpool, GBR	23 May 1980
2:05.57		Campbell		Blackpool, GBR	23 May 1980
2:06.79	3	Campbell	USA vs GBR Duel	Orlando, Fl	21 Aug 1979
2:06.87		James 'Jim' Carter	AAU Spring Nationals	Long Beach, Ca	2 Apr 1976
2:08.13		Carter	Santa Clara Invitational	Santa Clara, Ca	18 May 1975
2:08.25	4	Colin Cunningham	European Championships	Vienna, AUT	23 Aug 1974
2:08.6		Cunningham		Berlin, ???	19 Aug 1973
2:09.45		Cunningham			1 Aug 1973
2:09.5	?1h	Cunningham	GBR Olympic Trials	London, GBR	13 Jul 1972

## Men's 50 metres Breaststroke

25.95 WR	1sf2	Adam Peaty	World Championships	Budapest, HUN	25 Jul 2017
26.10 wr	1h9	Peaty	World Championships	Budapest, HUN	25 Jul 2017
26.42 wr	1sf1	Peaty	World Championships	Kazan, RUS	4 Aug 2015
26.62 wr	1sf2	Peaty	European Championships	Berlin, GER	22 Aug 2014
26.78	2	Peaty	Commonwealth Games	Glasgow, GBR	28 Jul 2014
26.99	1sf2	Peaty	Commonwealth Games	Glasgow, GBR	27 Jul 2014
27.00	1h4	Peaty	Commonwealth Games	Glasgow, GBR	27 Jul 2014
27.19	1	Peaty	Mare Nostrum	Canet, FRA	12 Jun 2014
27.28	1h	Ross Murdoch	Scottish Championships/CGTs	Glasgow, GBR	3 Apr 2014
27.40	1	Daniel 'Dan' Sliwinski	GBR World Championship Trials	Sheffield, GBR	26 Jun 2013
27.44		Darren Mew		Millfield, GBR	20 Dec 2009
27.46 cwr	1sf2	James Gibson	World Championships	Barcelona, ESP	22 Jul 2003
27.51 cwr	1sf2	Gibson	GBR Nationals/CGTs	Manchester, GBR	13 Apr 2002
27.71 cwr	1h7	Gibson	World Championships	Fukuoka, JPN	28 Jul 2001
27.79 cwr	1	Gibson	GBR Nationals/WCTs	Manchester, GBR	15 Apr 2001
27.82 cwr	1sf	Gibson	GBR Nationals/WCTs	Manchester, GBR	14 Apr 2001
28.00 cwr	1h	Gibson	GBR Nationals/WCTs	Manchester, GBR	14 Apr 2001
28.05 cwr	1	Gibson		Sheffield, GBR	1 Apr 2001
28.16 cwr	1sf	Mew	GBR Olympic Trials	Sheffield, GBR	30 Jul 2000
28.31	1h	Mew	GBR Olympic Trials	Sheffield, GBR	30 Jul 2000
28.42	3sf2	Mew	European Championships	Istanbul, TUR	29 Jul 1999
28.58	1	Mew	GBR World Championship Trials	Sheffield, GBR	12 Dec 1997
28.63 cwr	1h +	James Parrack	GBR Nationals	Sheffield, GBR	13 Jun 1992
28.75 cwr	1	Adrian Moorhouse	European Community Champs	Luxembourg, LUX	17 Apr 1988
28.91 cwr		Moorhouse	Mare Nostrum	Monaco, MON	6 Jun 1987
28.96 cwr	1	Moorhouse	European Community Champs	Leeds, GBR	12 Apr 1987
29.01 cwr	1	Moorhouse	Speedo International	Cardiff, GBR	6 May 1985
29.44 cwr	1	Moorhouse	Speedo International	Amersfoort, NED	29 Jan 1984

## Men's 100 metres Breaststroke

56.88 WR	1sf2	Adam Peaty	World Championships	Gwangju, KOR	21 Jul 2019
57.13 wr	1	Peaty	Olympic Games	Rio de Janeiro, BRA	7 Aug 2016
57.55 wr	1h6	Peaty	Olympic Games	Rio de Janeiro, BRA	6 Aug 2016
57.92 wr	1	Peaty	GBR Nationals/WCTs	London, GBR	17 Apr 2015
58.68	1sf2	Peaty	European Championships	Berlin, GER	18 Aug 2014
58.94	1	Peaty	Commonwealth Games	Glasgow, GBR	26 Jul 2014
59.16	1sf2	Peaty	Commonwealth Games	Glasgow, GBR	25 Jul 2014
59.25	1	Peaty	Mare Nostrum	Barcelona, ESP	14 Jun 2014
59.55	1	Daniel 'Dan' Sliwinski	ASA Championships	Sheffield, GBR	28 Jul 2009
59.68	4h15	James Gibson	World Championships	Rome, ITA	26 Jul 2009
59.88	1	Christopher 'Chris' Cook	GBR Olympic Trials	Sheffield, GBR	2 Apr 2008
1:00.02 cwr	1	Darren Mew	GBR Olympic Trials	Sheffield, GBR	11 Apr 2004
1:00.37 cwr	3	Gibson	World Championships	Barcelona, ESP	21 Jul 2003
1:00.47 cwr	1	Gibson	GBR Nationals/WCTs	Sheffield, GBR	23 Mar 2003
1:00.47 cwr	1sf1	Gibson	World Championships	Barcelona, ESP	20 Jul 2003
1:00.69 cwr	1	Gibson	GBR Nationals/CGTs	Manchester, GBR	12 Apr 2002
1:01.20 cwr	1sf1	Mew	GBR Nationals/CGTs	Manchester, GBR	11 Apr 2002
1:01.33 cwr	1	Nicholas Gillingham	GBR Olympic Trials	Sheffield, GBR	21 May 1992
1:01.49 wr	1h	Adrian Moorhouse	European Championships	Bonn, GER	15 Aug 1989
1:01.49 wr	1	Moorhouse	Commonwealth Games	Auckland, NZL	25 Jan 1990
1:01.49 wr	1	Moorhouse	GBR Nationals	London, GBR	26 Jul 1990
1:01.78 cwr	1	Moorhouse	US Spring Nationals	Orlando, FI	26 Mar 1988
1:02.13	1	Moorhouse	European Championships	Strasbourg, FRA	18 Aug 1987
1:02.28	1h	Moorhouse	World Championships	Madrid, ESP	17 Aug 1986
1:02.89	1	Moorhouse	GBR Nationals/CGTs	Coventry, GBR	30 May 1986
1:02.93	1	Moorhouse	Commonwealth Games	Brisbane, AUS	6 Oct 1982
1:03.15	4	Moorhouse	World Championships	Guayaquil, ECU	1 Aug 1982
1:03.31 cwr	1	Duncan Goodhew	Invitational	Edinburgh, GBR	21 Aug 1979
1:03.43 cwr	2	David Wilkie	Olympic Games	Montreal, Qc	20 Jul 1976
1:04.26 cwr	1	Wilkie	World Championships	Cali, COL	22 Jul 1975
1:05.60		Wilkie			6 Apr 1975
1:05.74 cwr	4	Wilkie	World Championships	Belgrade, YUG	4 Sep 1973
1:06.25 cwr	3sf2	Wilkie	Olympic Games	Munich, FRG	29 Aug 1972
1:06.35 cwr	1h3	Wilkie	Olympic Games	Munich, FRG	29 Aug 1972
1:07.8		Malcolm O'Connell		Hannover, FRG	18 Apr 1972

1:02.01	dq (1)	Moorhouse	World Championships	Madrid, ESP	17 Aug 1986
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#### Men's 200 metres Breaststroke

2:07.30 cwr	1	Ross Murdoch	Commonwealth Games	Glasgow, GBR	24 Jul 2014
2:07.43	2	Michael Jamieson	Olympic Games	London, GBR	1 Aug 2012
2:08.20	1sf1	Jamieson	Olympic Games	London, GBR	31 Jul 2012
2:08.98	2h3	Jamieson	Olympic Games	London, GBR	31 Jul 2012
2:09.01	6sf2	Kristopher 'Kris' Gilchrist	World Championships	Rome, ITA	30 Jul 2009
2:09.31	2h7	Gilchrist	World Championships	Rome, ITA	30 Jul 2009
2:10.27	7sf2	Gilchrist	Olympic Games	Beijing, CHN	13 Aug 2008
2:10.32	2	Gilchrist	Japan International	Chiba, JPN	23 Aug 2007
2:10.69 cwr	1sf1	Ian Edmond	World Championships	Barcelona, ESP	23 Jul 2003
2:11.29 cwr	3	Nicholas Gillingham	Olympic Games	Barcelona, ESP	29 Jul 1992
2:11.62 cwr	1	Gillingham	GBR Olympic Trials	Sheffield, GBR	23 May 1992
2:11.98 cwr	1h	Gillingham	GBR Olympic Trials	Sheffield, GBR	23 May 1992
2:12.55 cwr	1	Gillingham	European Championships	Athens, GRE	23 Aug 1991
2:12.90 wr	1	Gillingham	European Championship	Bonn, GER	18 Aug 1989
2:13.97	1h	Gillingham	European Championships	Bonn, GER	18 Aug 1989
2:14.12	2	Gillingham	Olympic Games	Seoul, KOR	23 Sep 1988
2:14.58	1h6	Gillingham	Olympic Games	Seoul, KOR	23 Sep 1988
2:15.11 wr	1	David Wilkie	Olympic Games	Montreal, Qc	24 Jul 1976
2:18.23 cwr	1	Wilkie	World Championships	Cali, COL	24 Jul 1975
2:19.28 wr	1	Wilkie	World Championships	Belgrade, YUG	6 Sep 1973
2:20.94 cwr	1h	Wilkie	World Championships	Belgrade, YUG	6 Sep 1973
2:23.67 cwr	2	Wilkie	Olympic Games	Munich, FRG	2 Sep 1972
2:24.54	1h3	Wilkie	Olympic Games	Munich, FRG	2 Sep 1972
2:28.00	?1h	Wilkie	GBR Olympic Trials	London, GBR	15 Jul 1972
2:30.3		Malcolm O'Connell			18 Apr 1972
2:31.3		O'Connell			4 Mar 1972
2:32.54	1h2	Wilkie	Commonwealth Games	Edinburgh, GBR	17 Jul 1970

#### Men's 50 metres Butterfly

22.75	1	Benjamin 'Ben' Proud	World Championships	Budapest, HUN	24 Jul 2017
22.80	1	Proud	GBR Nationals/WCTs	Sheffield, GBR	23 Apr 2017
22.93	1	Proud	Commonwealth Games	Glasgow, GBR	25 Jul 2014
23.10	1	Proud	GBR World Championship Trials	Sheffield, GBR	28 Jun 2013
23.29	1sf2	Proud	GBR World Championship Trials	Sheffield, GBR	28 Jun 2013
23.51	1	Mark Foster	Golden Bear	Zagreb, CRO	8 Jun 2003
23.62	3	Foster	World Championships	Fukuoka, JPN	28 Jul 2001
23.66	1sf1	Foster	World Championships	Fukuoka, JPN	27 Jul 2001
24.02	3	Foster	European Championships	Helsinki, FIN	4 Jul 2000
24.02	2h11	Foster	World Championships	Fukuoka, JPN	27 Jul 2001
24.07 cwr	1	Foster	GBR Olympic Trials	Sheffield, GBR	26 Mar 1996
24.59		Foster		Cardiff, GBR	3 Feb 1996
24.68	2	Foster	Mare Nostrum	Monaco, MON	18 Jun 1995
24.86	1	Foster	GBR Nationals/ECTs	Sheffield, GBR	10 Jun 1993
24.91	1	Foster	Super Speedo	Cardiff, GBR	15 Feb 1992
25.00	4+	Andy Jameson	Olympic Games	Seoul, KOR	21 Sep 1988
25.11 cwr	1h +	Jameson	World Championships	Madrid, ESP	18 Aug 1986
25.20 cwr	2+	Jameson	European Championships	Sofia, BUL	7 Aug 1985
25.58	5+	Jameson	Olympic Games	Los Angeles, Ca	30 Jul 1984

#### Men's 100 metres Butterfly

50.67	2sf2	James Guy	World Championships	Budapest, HUN	28 Jul 2017
51.16	1h7	Guy	World Championships	Budapest, HUN	28 Jul 2017
51.41	8sf1	Michael Rock	World Championships	Rome, ITA	31 Jul 2009
51.65	5h16	Rock	World Championships	Rome, ITA	31 Jul 2009
52.28	1hy	Rock	GBR Olympic Trials	Sheffield, GBR	3 Apr 2008
52.43	1hx	Todd Cooper	GBR Olympic Trials	Sheffield, GBR	3 Apr 2008
52.46	1	Cooper	GBR Olympic Trials	Sheffield, GBR	8 Apr 2004
52.87	1	James Hickman	GBR Nationals/ECTs	Sheffield, GBR	10 Jul 1999
52.87	1	Hickman	GBR Olympic Trials	Sheffield, GBR	30 Jul 2000
52.97	1h/sf	Hickman	GBR Nationals/ECTs	Sheffield, GBR	10 Jul 1999
53.23	1fB	Hickman	Olympic Games	Atlanta, Ga	24 Jul 1996
53.30 cwr	3	Andy Jameson	Olympic Games	Seoul, KOR	21 Sep 1988

53.34 cwr	1h5	Jameson	Olympic Games	Seoul, KOR	21 Sep 1988
53.49 cwr	1h4	Jameson	European Championships	Strasbourg, FRA	19 Aug 1987
53.67 cwr	1h	Jameson	World Championships	Madrid, ESP	18 Aug 1986
54.07	1	Jameson	Commonwealth Games	Edinburgh, GBR	26 Jul 1986
54.09	1h4	Jameson	Commonwealth Games	Edinburgh, GBR	26 Jul 1986
54.24	2	Jameson	USS Invitational	Austin, Tx	7 Dec 1985
54.28	5	Jameson	Olympic Games	Los Angeles, Ca	30 Jul 1984
54.59	1h4	Jameson	Olympic Games	Los Angeles, Ca	30 Jul 1984
55.04	1	Jameson	GBR Olympic Trials	Coventry, GBR	26 May 1984
55.15	1h	Jameson	GBR Olympic Trials	Coventry, GBR	26 May 1984
55.42	6	Gary Abraham	Olympic Games	Moscow, URS	23 Jul 1980
55.52	1	Philip Hubble	GBR vs URS Duel	Coventry, GBR	21 Apr 1979
55.98	3	John Mills	European Championships	Jonkoping, SWE	19 Aug 1977
56.53	2h5	Mills	Olympic Games	Montreal, Qc	20 Jul 1976
56.68	6	Brian Brinkley	World Championships	Cali, COL	26 Jul 1975
57.35	2h1	Brinkley	World Championships	Cali, COL	26 Jul 1975
57.5		Brinkley		London, GBR	31 Mar 1975
57.95	h	Brinkley	European Championships	Vienna, AUT	20 Aug 1974
58.13	7sf2	Mills	Olympic Games	Munich, FRG	30 Aug 1972
58.28	3h3	Mills	Olympic Games	Munich, FRG	30 Aug 1972
58.8		Martyn Woodroffe		London, GBR	11 Jul 1969
58.8		Mills		Turin, ITA	28 Aug 1971

#### Men's 200 metres Butterfly

1:54.58	4sf2	Michael Rock	World Championships	Rome, ITA	28 Jul 2009
1:55.52 cwr	3	Stephen Parry	Olympic Games	Athens, GRE	17 Aug 2004
1:55.57 cwr	1sf1	Parry	Olympic Games	Athens, GRE	16 Aug 2004
1:55.90 cwr	=2sf2	Parry	World Championships	Barcelona, ESP	22 Jul 2003
1:56.34	1	Parry	US Spring Nationals	Federal Way, Wa	29 Mar 2000
1:57.11	1	James Hickman	Commonwealth Games	Kuala Lumpur, MAS	16 Sep 1998
1:58.16	1h6	Hickman	Olympic Games	Atlanta, Ga	22 Jul 1996
1:58.50	1	Hickman	GBR Olympic Trials	Sheffield, GBR	23 Mar 1996
1:59.72	1h	Hickman	GBR Olympic Trials	Sheffield, GBR	23 Mar 1996
2:00.21 cwr	2	Philip Hubble	European Championships	Split, YUG	11 Sep 1981
2:00.75 cwr	2h4	Hubble	Olympic Games	Moscow, URS	20 Jul 1980
2:01.28 cwr	1	Hubble	GBR vs URS Duel	Coventry, GBR	22 Apr 1979
2:01.49 cwr	6	Brian Brinkley	Olympic Games	Montreal, Qc	18 Jul 1976
2:01.93 cwr	2h3	Brinkley	Olympic Games	Montreal, Qc	17 Jul 1976
2:02.47 cwr	3	Brinkley	World Championships	Cali, COL	24 Jul 1975
2:03.84		Brinkley			29 Mar 1975
2:03.94 cwr	4	Brinkley	World Championships	Belgrade, YUG	6 Sep 1973
2:05.25	1h	Brinkley	World Championships	Belgrade, YUG	6 Sep 1973
2:05.60	?1h	Brinkley	GBR Olympic Trials	London, GBR	14 Jul 1972
2:07.8		Martyn Woodroffe	Santa Clara Invitational	Santa Clara, Ca	13 Jul 1969

#### Men's 200 metres Individual Medley

1:56.64 cwr	1h3	Max Litchfield	World Championships	Budapest, HUN	26 Jul 2017
1:57.12	1sf1	James Goddard	World Championships	Rome, ITA	29 Jul 2009
1:57.72 cwr	1	Goddard	GBR Olympic Trials	Sheffield, GBR	2 Apr 2008
1:57.79 cwr	1h	Liam Tancock	GBR Olympic Trials	Sheffield, GBR	1 Apr 2008
1:58.43 cwr	1h	Goddard	GBR Olympic Trials	Sheffield, GBR	1 Apr 2008
1:59.15	1h	Gregor Tait	GBR Olympic Trials	Sheffield, GBR	1 Apr 2008
1:59.19	1	Tancock	Japan International	Chiba, JPN	24 Aug 2007
1:59.91		Tancock		Sheffield, GBR	28 Jul 2007
2:00.73	1	Tait	Commonwealth Games	Melbourne, AUS	20 Mar 2006
2:01.06	1	Robin Francis	GBR Olympic Trials	Sheffield, GBR	10 Apr 2004
2:01.58	1sf	Adrian Turner	GBR Olympic Trials	Sheffield, GBR	9 Apr 2004
2:01.87	2	James Hickman	Commonwealth Games	Kuala Lumpur, MAS	17 Sep 1998
2:02.74	1	Hickman	GBR World Championship Trials	Sheffield, GBR	13 Dec 1997
2:03.20	2	Neil Cochran	US Spring Nationals	Orlando, FL	25 Mar 1988
2:03.76	h	Cochran	USS Invitational	Austin, Tx	6 Dec 1985
2:04.13	1h3	Robin Brew	Olympic Games	Los Angeles, Ca	4 Aug 1984
2:04.99	1	Cochran	GBR Olympic Trials	Coventry, GBR	28 May 1984
2:05.83	2	Brew	Commonwealth Games	Brisbane, AUS	4 Oct 1982
2:06.10	1h2	Brew	Commonwealth Games	Brisbane, AUS	3 Oct 1982
2:06.25 cwr	1	David Wilkie	AAU Spring Nationals	Long Beach, Ca	4 Apr 1976

2:06.32 wr	1	Wilkie	European Championships	Vienna, AUT	24 Aug 1974
2:08.84 cwr	3	Wilkie	World Championships	Belgrade, YUG	7 Sep 1973
2:09.61 cwr	1h3	Wilkie	World Championships	Belgrade, YUG	7 Sep 1973
2:10.00		Wilkie			23 Apr 1973
2:11.9	?1h	Ray Terrell	GBR Olympic Trials	London, GBR	13 Jul 1972
2:14.3		Terrell			19 Apr 1972

#### Men's 400 metres Individual Medley

4:09.62 CWR	4	Max Litchfield	World Championships	Budapest, HUN	30 Jul 2017
4:10.57	2h3	Litchfield	World Championships	Budapest, HUN	30 Jul 2017
4:10.62	1	Litchfield	GBR Nationals/WCTs	Sheffield, GBR	20 Apr 2017
4:11.04	1h1	Daniel Wallace	Commonwealth Games	Glasgow, GBR	25 Jul 2014
4:11.32	2h6	Thomas Hadfield	World Championships	Rome, ITA	2 Aug 2009
4:12.39	1	Hadfield	GBR Nationals/WCTs	Sheffield, GBR	20 Mar 2009
4:12.59	1h	Hadfield	GBR Olympic Trials	Sheffield, GBR	3 Apr 2008
4:15.98	1	David Carry	Commonwealth Games	Melbourne, AUS	19 Mar 2006
4:16.65	1	Adrian Turner	GBR Olympic Trials	Sheffield, GBR	11 Apr 2004
4:18.30	1	Robin Francis	Speedo GP	Bath, GBR	9 Dec 2001
4:19.30	1	James Goddard	European Junior Championships	Valetta, MLT	5 Jul 2001
4:19.90	1	Simon Militis	GBR Nationals/WCTs	Manchester, GBR	15 Apr 2001
4:20.07	1	Militis	GBR Olympic Trials	Sheffield, GBR	25 Jul 2000
4:20.17	2	James Hickman	Commonwealth Games	Kuala Lumpur, MAS	13 Sep 1998
4:21.54	1	Hickman	GBR Nationals/CGTs	Sheffield, GBR	10 Jul 1998
4:22.24	1	Hickman	GBR World Championship Trials	Sheffield, GBR	14 Dec 1997
4:24.20	?1h	John Davey	GBR Nationals/ECTs	London, GBR	31 Jul 1987
4:24.70		Davey			30 May 1985
4:25.38	4h3	Stephen Poulter	Olympic Games	Los Angeles, Ca	30 Jul 1984
4:27.09	2	Poulter	Commonwealth Games	Brisbane, AUS	2 Oct 1982
4:27.26	1h1	Poulter	Commonwealth Games	Brisbane, AUS	1 Oct 1982
4:27.70	2	Simon Gray	Commonwealth Games	Edmonton, Ab	5 Aug 1978
4:31.86	2h2	Gray	Commonwealth Games	Edmonton, Ab	4 Aug 1978
4:33.56		Alan McClatchey			15 Aug 1976
4:34.23		McClatchey	AAU Spring Nationals	Long Beach, Ca	2 Apr 1976
4:36.29 cwr		Brian Brinkley		Coventry, GBR	4 Aug 1973
4:42.7	1	Ray Terrell	GBR Olympic Trials	London, GBR	15 Jul 1972
4:45.7		Terrell			11 Jul 1971

#### Men's 4X100 metres Freestyle Relay

3:11.62	2h4	GBR National team	World Championships	Rome, ITA	26 Jul 2009
3:12.87	8	GBR National team	Olympic Games	Beijing, CHN	11 Aug 2008
3:13.69	4h2	GBR National team	Olympic Games	Beijing, CHN	10 Aug 2008
3:18.96	4h4	GBR National team	World Championships	Melbourne, AUS	25 Mar 2007
3:19.56	4	ENG National team	Commonwealth Games	Melbourne, AUS	16 Mar 2006
3:20.18	1	GBR National team	World University Games	Beijing, CHN	25 Aug 2001
3:20.45	3h3	GBR National team	Olympic Games	Sydney, GBR	16 Sep 2000
3:21.15	4	GBR National team	European Championships	Seville, ESP	22 Aug 1997
3:21.34	3h1	GBR National team	Olympic Games	Atlanta, Ga	23 Jul 1996
3:21.41	3h2	GBR National team	Olympic Games	Barcelona, ESP	29 Jul 1992
3:21.71	7	GBR National team	Olympic Games	Seoul, KOR	23 Sep 1988
3:22.76	5	GBR National team	European Championships	Strasbourg, FRA	21 Aug 1987
3:23.61	5	GBR National team	Olympic Games	Los Angeles, Ca	2 Aug 1984
3:24.59	3h3	GBR National team	Olympic Games	Los Angeles, Ca	2 Aug 1984
3:26.98	2	ENG National team	Commonwealth Games	Brisbane, AUS	1 Oct 1982
3:28.76	2h3	GBR National team	World Championships	West Berlin, FRG	22 Aug 1978
3:30.10	3	ENG National team	Commonwealth Games	Edmonton, Ab	4 Aug 1978
3:32.17 cwr	6	GBR National Team	European Championships	Jonkoping, SWE	16 Aug 1977

#### Men's 4X200 metres Freestyle Relay

7:01.70	1	GBR National team	World Championships	Budapest, HUN	28 Jul 2017
7:03.13	2	GBR National team	Olympic Games	Rio de Janeiro, BRA	9 Aug 2016
7:04.33	1	GBR National team	World Championships	Kazan, RUS	7 Aug 2015
7:05.67	7	GBR National team	World Championships	Rome, ITA	31 Jul 2009
7:05.92	6	GBR National team	Olympic Games	Beijing, CHN	13 Aug 2008
7:07.89	2h2	GBR National team	Olympic Games	Beijing, CHN	12 Aug 2008
7:11.28	4	GBR National team	World Championships	Melbourne, AUS	30 Mar 2007
7:12.60	4	GBR National team	Olympic Games	Athens, GRE	17 Aug 2004



7:12.98	5	GBR National team	Olympic Games	Sydney, GBR	19 Sep 2000
7:17.33	3	GBR National team	World Championships	Perth, AUS	13 Jan 1998
7:17.56	1	GBR National team	European Championships	Seville, ESP	20 Aug 1997
7:18.74	5	GBR National team	Olympic Games	Atlanta, Ga	21 Jul 1996
7:21.92	1h1	GBR National team	Olympic Games	Atlanta, Ga	21 Jul 1996
7:22.57	6	GBR National team	Olympic Games	Barcelona, ESP	27 Jul 1992
7:23.10	2h1	GBR National team	Olympic Games	Barcelona, ESP	27 Jul 1992
7:24.78 cwr	3	GBR National team	Olympic Games	Los Angeles, Ca	30 Jul 1984
7:26.83 cwr	2h1	GBR National team	Olympic Games	Los Angeles, Ca	30 Jul 1984
7:29.22	6	GBR National team	European Championships	Rome, ITA	23 Aug 1983
7:30.00	2	ENG National team	Commonwealth Games	Brisbane, AUS	4 Oct 1982
7:30.81 cwr	6	GBR National team	Olympic Games	Moscow, URS	23 Jul 1980
7:32.11 cwr	3	GBR National team	Olympic Games	Montreal, Qc	21 Jul 1976
7:37.92 cwr	2h1	GBR National team	Olympic Games	Montreal, Qc	21 Jul 1976
7:42.55	2	GBR National team	World Championships	Cali, COL	25 Jul 1975
7:49.86	3h2	GBR National team	World Championships	Cali, COL	25 Jul 1975
7:54.25	5h2	GBR National team	World Championships	Belgrade, YUG	7 Sep 1973
7:55.59	8	GBR National team	Olympic Games	Munich, FRG	31 Aug 1972
7:58.33 (nr?)	3h1	GBR National team	Olympic Games	Munich, FRG	31 Aug 1972

#### Men's 4X100 metres Medley Relay

3:28.10 CWR	1	GBR National team	World Championships	Gwangju, KOR	28 Jul 2019
3:28.95	2	GBR National team	World Championships	Budapest, HUN	30 Jul 2017
3:29.24	2	GBR National team	Olympic Games	Rio de Janeiro, BRA	13 Aug 2016
3:30.47	1h1	GBR National team	Olympic Games	Rio de Janeiro, BRA	12 Aug 2016
3:30.67	4	GBR National team	World Championships	Kazan, RUS	9 Aug 2015
3:30.68	3h3	GBR National team	World Championships	Rome, ITA	2 Aug 2009
3:33.69	6	GBR National team	Olympic Games	Beijing, CHN	17 Aug 2008
3:33.83	3h1	GBR National team	Olympic Games	Beijing, CHN	15 Aug 2008
3:36.18	5	GBR National team	World Championships	Melbourne, AUS	1 Apr 2007
3:36.40	2	ENG National team	Commonwealth Games	Melbourne, AUS	21 Mar 2006
3:36.94	3h2	GBR National team	Olympic Games	Athens, GRE	21 Aug 2004
3:38.21	8	GBR National team	World Championships	Barcelona, ESP	27 Jul 2003
3:38.37	2	ENG National team	Commonwealth Games	Manchester, GBR	4 Aug 2002
3:39.60	3h3	GBR National team	Olympic Games	Sydney, GBR	23 Sep 2000
3:40.73	2	ENG National team	Commonwealth Games	Kuala Lumpur, MAS	17 Sep 1998
3:41.66	3	GBR National team	European Championships	Sheffield, GBR	8 Aug 1993
3:41.66	5	GBR National team	World Championships	Perth, AUS	18 Jan 1998
3:42.01	2	GBR National team	European Championships	Strasbourg, FRA	23 Aug 1987
3:44.85	2	ENG National team	Commonwealth Games	Edinburgh, GBR	30 Jul 1986
3:47.39	6	GBR National team	Olympic Games	Los Angeles, Ca	4 Aug 1984
3:47.71	3	GBR National team	Olympic Games	Moscow, URS	24 Jul 1980
3:49.06	3	GBR National team	World Championships	West Berlin, FRG	28 Aug 1978
3:49.56	4	GBR National team	Olympic Games	Montreal, Qc	22 Jul 1976
3:52.35	2h1	GBR National team	Olympic Games	Montreal, Qc	22 Jul 1976
3:52.80	3	GBR National team	World Championships	Cali, COL	27 Jul 1975
3:54.13 (nr?)	2	GBR National team	European Championships	Vienna, AUT	25 Aug 1974
3:58.82 (nr?)	7	GBR National team	Olympic Games	Munich, FRG	4 Sep 1972
3:58.97 (nr?)	2h3	GBR National team	Olympic Games	Munich, FRG	4 Sep 1972
3:3	dq ( )	GBR National team (Michael Rock -0. secs)	World Championships	Rome, ITA	2 Aug 2009

#### Women's 50 metres Freestyle

23.96 cwr	1	Francesca 'Fran' Halsall	Commonwealth Games	Glasgow, GBR	26 Jul 2014
24.11	5	Halsall	World Championships	Rome, ITA	2 Aug 2009
24.42	3sf1	Halsall	World Championships	Rome, ITA	1 Aug 2009
24.47	2h17	Halsall	World Championships	Rome, ITA	1 Aug 2009
24.53	1	Halsall	GBR Nationals/WCTs	Sheffield, GBR	17 Mar 2009
24.68 cwr	1h5	Alison Sheppard	Commonwealth Games	Manchester, GBR	2 Aug 2002
24.96 cwr	1sf2	Sheppard	GBR Nationals/CGTs	Manchester, GBR	13 Apr 2002
25.00 cwr	4	Sheppard	World Championships	Fukuoka, JPN	29 Jul 2001
25.07 cwr	1	Sheppard	GBR Nationals/WCTs	Manchester, GBR	11 Apr 2001
25.07 cwr	1sf1	Sheppard	World Championships	Fukuoka, JPN	28 Jul 2001
25.12 cwr	1sf	Sheppard	GBR Olympic Trials	Sheffield, GBR	25 Jul 2000

25.16 cwr	1h	Sheppard	GBR Olympic Trials	Sheffield, GBR	25 Jul 2000
25.31 cwr	1	Sheppard	Scottish Championships	Glasgow, GBR	7 Jul 2000
25.33 cwr	3	Sheppard	European Championships	Istanbul, TUR	1 Aug 1999
25.47 cwr	1	Sheppard	GBR Nationals/ECTs	Sheffield, GBR	11 Jul 1999
25.51 cwr	1	Sheppard	Mare Nostrum	Barcelona, ESP	5 Jun 1999
25.54 cwr	1	Sheppard	Super Speedo GP	Sheffield, GBR	30 May 1999
25.57 cwr	1	Sheppard	GBR Nationals/CGTs	Sheffield, GBR	11 Jul 1998
25.73 cwr		Sheppard		Sheffield, GBR	14 Jun 1998
25.78 cwr	2	Susan Rolph	Mare Nostrum	Monaco, MON	4 Jun 1998
25.89	1h	Rolph	Mare Nostrum	Monaco, MON	3 Jun 1998
26.01 cwr	h	Caroline Woodcock	European Championships	Bonn, GER	20 Aug 1989
26.19		Woodcock		Molydal, SWE	25 Mar 1989
26.39		Caroline Cooper			7 Dec 1985
26.48		June Croft			27 Nov 1981

#### Women's 100 metres Freestyle

52.87	2	Francesca 'Fran' Halsall	World Championships	Rome, ITA	31 Jul 2009
53.02	1Rh4	Halsall	World Championships	Rome, ITA	26 Jul 2009
53.81	2R	Halsall	Olympic Games	Beijing, CHN	10 Aug 2008
54.27	1	Halsall	Trofeo Sette Colli	Rome, ITA	6 Jun 2008
54.31	1h	Caitlin McClatchey	GBR Olympic Trials	Sheffield, GBR	31 Mar 2008
54.53	1	Halsall	Burns Open	Sheffield, GBR	26 Jan 2008
54.56	1	Halsall	ASA Championships	Sheffield, GBR	28 Jul 2007
54.62	1	Melanie Marshall	GBR Olympic Trials	Sheffield, GBR	11 Apr 2004
54.62	h	Halsall	AUS Age Championships	Perth, AUS	14 Apr 2007
55.03 cwr	1	Susan Rolph	European Championships	Istanbul, TUR	28 Aug 1999
55.05 cwr	1	Rolph	GBR Nationals/ECTs	Sheffield, GBR	8 Jul 1999
55.17 cwr	1	Rolph	Commonwealth Games	Kuala Lumpur, MAS	12 Sep 1998
55.65 cwr	1h5	Rolph	Commonwealth Games	Kuala Lumpur, MAS	12 Sep 1998
55.79 cwr	=7	Karen Pickering	World Championships	Rome, ITA	5 Sep 1994
55.79 cwr	1	Rolph	GBR Nationals/CGTs	Sheffield, GBR	10 Jul 1998
56.11	1	Pickering	GBR Nationals	Sheffield, GBR	14 Jun 1992
56.31	1	Pickering	GBR Olympic Trials	Sheffield, GBR	21 May 1992
56.59	1h	Pickering	GBR Olympic Trials	Sheffield, GBR	21 May 1992
56.60 cwr	2	June Croft	Speedo International	Amersfoort, NED	31 Jan 1982
57.00		Croft			
57.16	1	Croft	GBR vs ITA Duel	Blackpool, GBR	12 Jul 1981
57.5-h	1	Cheryl Brazendale	National Age Championships	Blackpool, GBR	23 Aug 1977
59.00		Brazendale			10 Jun 1977
59.34		Brazendale			15 May 1977
59.45		Brazendale			17 Apr 1977
59.51		Brazendale			10 Apr 1977
59.58		Brazendale			27 Aug 1976
1:00.2-h	?1h	Susan Edmondson	GBR Olympic Trials	Blackpool, GBR	29 May 1976
1:00.2-h	?1h	Elaine Gray	GBR Olympic Trials	Blackpool, GBR	29 May 1976
1:00.3-h		Deborah Hill			7 Jun 1975
1:00.5-h	1h2	Alexandra 'Alex' Jackson	Olympic Games	Mexico City, MEX	18 Oct 1968

#### Women's 200 metres Freestyle

1:55.54 cwr	2sf2	Joanne Jackson	World Championships	Rome, ITA	28 Jul 2009
1:56.47 cwr	1	Jackson	GBR Nationals/WCTs	Sheffield, GBR	18 Mar 2009
1:56.61	2	Jackson	Trofeo Sette Colli	Rome, ITA	8 Jun 2008
1:56.66	1	Rebecca Adlington	GBR Olympic Trials	Sheffield, GBR	5 Apr 2008
1:57.25	1	Caitlin McClatchey	Commonwealth Games	Melbourne, AUS	16 Mar 2006
1:57.51	1	Melanie Marshall	GBR Olympic Trials	Sheffield, GBR	9 Apr 2004
1:57.85	1sf	Marshall	GBR Olympic Trials	Sheffield, GBR	8 Apr 2004
1:58.51	1	Marshall		Sheffield, GBR	25 Jan 2004
1:59.32	1	Nicola Jackson	Scottish Championships	Glasgow, GBR	24 Jun 2001
1:59.65		Karen Pickering		Manchester, GBR	1 Jun 2001
1:59.74 cwr	1	June Croft	Commonwealth Games	Brisbane, AUS	4 Oct 1982
2:00.08 cwr	1	Croft	GBR Nationals/CGTs	Blackpool, GBR	17 Apr 1982
2:00.49 cwr	1	Croft	Speedo International	Amersfoort, NED	30 Jan 1982
2:02.95	1	Croft	GBR vs ITA Duel	Blackpool, GBR	11 Jul 1981
2:03.15	6	Croft	Olympic Games	Moscow, URS	24 Jul 1980
2:03.23		Jackie Willmott			26 May 1980
2:04.10		Willmott			20 Apr 1980

2:04.11	5	Sharon Davies	Commonwealth Games	Edmonton, Ab	7 Aug 1978
2:06.20		Cheryl Brazendale			29 Apr 1977
2:06.95		Brazendale			11 Apr 1977
2:08.0-h	1	Susan 'Sue' Barnard	GBR Olympic Trials	Blackpool, GBR	30 May 1976
2:09.1-h	1h	Ann Bradshaw	GBR Olympic Trials	Blackpool, GBR	30 May 1976
2:09.42	h	Susan Edmondson	European Championships	Vienna, AUT	22 Aug 1974
2:10.02	8	Diane Walker	Commonwealth Games	Christchurch, NZL	30 Jan 1974
2:10.	h	Walker	Commonwealth Games	Christchurch, NZL	28 Jan 1974
2:10.98	2h5	Edmondson	Commonwealth Games	Christchurch, NZL	28 Jan 1974
2:11.19		Leslie Allardice		Coventry, GBR	3 Aug 1973
2:12.00		Allardice			9 Jun 1973
2:12.2	?1h	Allardice	GBR Olympic Trials	London, GBR	14 Jul 1972
2:12.59	3	Alexandra 'Alex' Jackson	Commonwealth Games	Edinburgh, GBR	21 Jul 1970
2:14.80 (nr?)	1h1	Jackson	Commonwealth Games	Edinburgh, GBR	20 Jul 1970

#### Women's 400 metres Freestyle

4:00.60 cwr	2	Joanne Jackson	World Championships	Rome, ITA	26 Jul 2009
4:00.66 wr	1	Jackson	GBR Nationals/WCTs	Sheffield, GBR	16 Mar 2009
4:02.24 cwr	2h6	Rebecca Adlington	Olympic Games	Beijing, CHN	11 Aug 2008
4:02.80 cwr	1	Adlington	GBR Nationals	Liverpool, GBR	13 Jul 2008
4:04.50 cwr	1	Adlington	GBR Olympic Trials	Sheffield, GBR	2 Apr 2008
4:04.91	1h	Adlington	GBR Olympic Trials	Sheffield, GBR	1 Apr 2008
4:07.02	1	Caitlin McClatchey	GBR World ChampTrials	Swansea, GBR	17 Jun 2005
4:07.68	1	Sarah Hardcastle	Commonwealth Games	Edinburgh, GBR	27 Jul 1986
4:10.27	2	Hardcastle	Olympic Games	Los Angeles, Ca	31 Jul 1984
4:11.55	2h4	Hardcastle	Olympic Games	Los Angeles, Ca	31 Jul 1984
4:11.67	1fB	Jacqueline 'Jackie' Willmott	World Championships	Guayaquil, ECU	4 Aug 1982
4:12.72	1	Willmott	GBR vs NED vs ITA	Blackpool, GBR	9 May 1982
4:13.94	1	June Croft	Speedo Invitational	Amersfoort, NED	31 Jan 1982
4:15.23	3	Willmott	European Championships	Split, YUG	9 Sep 1981
4:16.27	1	Willmott	GBR vs SWE Duel	Blackpool, GBR	20 Apr 1980
4:18.59		Sharron Davies			25 Jul 1979
4:19.25	1	Davies	Speedo Invitational	Amersfoort, NED	4 Feb 1979
4:20.56	1	Davies	GBR Nationals/CGTs-WCTs	Blackpool, GBR	26 May 1978
4:22.5?		Cheryl Brazendale			1977
4:24.09		Brazendale			17 Apr 1977
4:24.83		Brazendale			10 Apr 1977
4:26.60		Brazendale			9 Apr 1977
4:28.2		Moira Houston			25 Aug 1976
4:29.0-h	?1h	Susan Edmondson	GBR Olympic Trials	Blackpool, GBR	30 May 1976
4:29.17	6	Diane Walker	European Championships	Vienna, AUT	20 Aug 1974
4:30.14	2h2	Walker	Commonwealth Games	Christchurch, NZL	31 Jan 1974
4:33.94	4h3	June Green	Commonwealth Games	Christchurch, NZL	31 Jan 1974
4:35.18		Edmondson			1 Jun 1973
4:35.4	?1h	Green	GBR Olympic Trials	London, GBR	15 Jul 1972
4:36.2		Edmondson			11 Jun 1972
4:42.1		Edmondson			28 May 1972

#### Women's 800 metres Freestyle

8:14.10 wr/CWR	1	Rebecca Adlington	Olympic Games	Beijing, CHN	16 Aug 2008
8:18.06 cwr	1h4	Adlington	Olympic Games	Beijing, CHN	14 Aug 2008
8:19.22 cwr	1	Adlington	GBR Olympic Trials	Sheffield, GBR	3 Apr 2008
8:24.77	1	Sarah Hardcastle	Commonwealth Games	Edinburgh, GBR	29 Jul 1986
8:32.57	2	Hardcastle	European Championships	Sofia, BUL	10 Aug 1985
8:32.60	3	Hardcastle	Olympic Games	Los Angeles, Ca	3 Aug 1984
8:32.61	2	Jacqueline 'Jackie' Willmott	World Championships	Guayaquil, ECU	6 Aug 1982
8:37.22	3	Willmott	European Championships	Split, YUG	11 Sep 1981
8:38.56		Willmott			7 Sep 1981
8:41.88	1	Willmott	GBR vs SWE Duel	Blackpool, GBR	19 Apr 1980
8:51.40		Willmott		London, GBR	12 Aug 1979
8:58.87	?1h	Sharon Davies	GBR Nationals/CGTs-WCTs	Blackpool, GBR	27 May 1978
9:02.87	7	Lindsay Heggie	European Championships	Jonkoping, SWE	21 Aug 1977
9:07.4		Heggie			9 May 1977
9:07.79		Cheryl Brazendale			11 Apr 1977
9:12.53	2	Susan 'Sue' Barnard	GBR Nationals	Coventry, GBR	28 Aug 1975
9:17.41	1h5?	Debbie Simpson	Commonwealth Games	Christchurch, NZL	25 Jan 1974

9:21.48	2h5	June Green	Commonwealth Games	Christchurch, NZL	25 Jan 1974
9:24.8		Green			23 Apr 1973
9:31.3		Green	GBR Olympic Trials	London, GBR	13 Jul 1972
9:31.4		Green			18 Apr 1972
9:35.7		Green			15 Apr 1972
9:49.4		Green			12 Aug 1971

#### Women's 1500 metres Freestyle

15:47.26 cwr	1	Jazmin Carlin	GBR World Championship Trials	Sheffield, GBR	28 Jun 2013
16:06.67	1	Keri-Anne Payne	GBR Nationals/WCTs	Manchester, GBR	7 Mar 2011
16:14.70	1	Rebecca Cooke	World University Games	Daegu, KOR	29 Aug 2003
16:17.95	2h1	Cooke	World Championships	Barcelona, ESP	21 Jul 2003
16:20.15	5	Cooke	World Championships	Fukuoka, JPN	28 Jul 2001
16:21.75	1	Cooke	GBR Nationals/WCTs	Manchester, GBR	11 Apr 2001
16:28.49	3	Cooke	US Spring Nationals	Federal Way, Wa	1 Apr 2000
16:39.46	1h1	Sarah Hardcastle	Speedo GP	Edinburgh, GBR	31 Mar 1994
16:43.95	1	Hardcastle	ESSO Canada Cup	Montreal, Qc	18 Apr 1985
16:46.48	1	Jacqueline 'Jackie' Willmott	Scottish Championships	Edinburgh, GBR	25 Apr 1980
17:00.03		Maxine Charles		Coventry, GBR	21 Dec 1979
17:42.37		Charles			9 Jun 1978
18:14.4		M Verth			24 Jun 1977

#### Women's 50 metres Backstroke

27.21 CWR	1h5	Georgia Davies	European Championships	Glasgow, GBR	4 Aug 2018
27.49	1sf1	Davies	World Championships	Budapest, HUN	26 Jul 2017
27.56	1	Davies	Commonwealth Games	Glasgow, GBR	29 Jul 2014
27.61	1sf2	Davies	Commonwealth Games	Glasgow, GBR	28 Jul 2014
27.80	1	Davies	Speedo Flanders Cup	Antwerp, BEL	25 Jan 2014
27.92	6sf1	Gemma Spofforth	World Championships	Rome, ITA	29 Jul 2009
27.99	1h	Spofforth	Scottish Championships	Glasgow, GBR	25 Jun 2009
28.61	1	Elizabeth Simmonds	BUSA Championships	Sheffield, GBR	14 Feb 2009
28.67	1h	Spofforth	Ultra Swim	Charlotte, NC	6 Jun 2008
29.03	1	Sarah Price	GBR Nationals/WCTs	Sheffield, GBR	21 Mar 2003
29.08	3	Price	Commonwealth Games	Manchester, GBR	3 Aug 2002
29.13	1sf2	Price	Commonwealth Games	Manchester, GBR	2 Aug 2002
29.26	1sf2	Price	GBR Nationals/CGTs	Manchester, GBR	13 Apr 2002
29.33	1	Price	Scottish Championships	Glasgow, GBR	23 Jun 2001
29.35	1sf	Price	GBR Nationals/WCTs	Manchester, GBR	14 Apr 2001
29.56	1h	Price	GBR Nationals/WCTs	Manchester, GBR	14 Apr 2001
29.82	1	Zoe Cray	GBR Olympic Trials	Sheffield, GBR	30 Jul 2000
29.92	2	Cray	Super Speedo GP	Sheffield, GBR	27 May 2000
29.93	1	Cray	GBR Winter Nationals	Sheffield, GBR	17 Dec 1999
29.94	1	Katy Sexton	GBR Nationals/ECTs	Sheffield, GBR	11 Jul 1999
30.00	1	Katherine 'Kathy' Osher	(Read) GBR Nationals/ECTs	Sheffield, GBR	12 Jun 1993
30.06	1	Katherine Read	GBR Club Team Championships	Sheffield, GBR	11 Apr 1992
30.39	1	Read	GBR Nationals/ECTs	Leeds, GBR	4 Aug 1991
30.41	h	Read	GBR Nationals/ECTs	Leeds, GBR	4 Aug 1991
30.51	1	Read	GBR Club Team Championships	Sheffield, GBR	13 Apr 1991
30.55	3h1	Sharon Page	World Championships	Perth, AUS	6 Jan 1991

#### Women's 100 metres Backstroke

58.12 wr	1	Gemma Spofforth	World Championships	Rome, ITA	28 Jul 2009
58.74	1sf2	Spofforth	World Championships	Rome, ITA	27 Jul 2009
58.78	1h11	Spofforth	World Championships	Rome, ITA	27 Jul 2009
59.05	2R	Spofforth	Olympic Games	Beijing, CHN	17 Aug 2008
59.38	4	Spofforth	Olympic Games	Beijing, CHN	12 Aug 2008
59.79	3sf1	Spofforth	Olympic Games	Beijing, CHN	11 Aug 2008
59.89	1h	Spofforth	GBR Olympic Trials	Sheffield, GBR	1 Apr 2008
1:00.49 cwr	1	Katy Sexton	GBR Nationals/WCTs	Sheffield, GBR	20 Mar 2003
1:00.94 cwr	1sf2	Sarah Price	GBR Nationals/WCTs	Sheffield, GBR	19 Mar 2003
1:01.06 cwr	1	Price	Commonwealth Games	Manchester, GBR	1 Aug 2002
1:01.14 cwr	1sf2	Price	Commonwealth Games	Manchester, GBR	31 Jul 2002
1:01.16 cwr	1h3	Price	Commonwealth Games	Manchester, GBR	31 Jul 2002
1:01.32 cwr	1	Price	GBR Nationals/WCTs	Manchester, GBR	12 Apr 2001
1:01.36 cwr	1sf	Price	GBR Nationals/WCTs	Manchester, GBR	11 Apr 2001
1:01.80	1	Sexton	GBR Olympic Trials	Sheffield, GBR	27 Jul 2000

1:01.93	1sf	Price	GBR Olympic Trials	Sheffield, GBR	26 Jul 2000
1:02.16	1	Sexton	GBR Winter Nationals	Sheffield, GBR	17 Dec 1999
1:02.78	h	Price	European Championships	Seville, ESP	21 Aug 1997
1:03.27	3	Katherine 'Kathy' Osher	(Read) Commonwealth Games	Victoria, BC	21 Aug 1994
1:03.49	1	Read	GBR Nationals	Sheffield, GBR	14 Jun 1992
1:03.54	1	Read	GBR Olympic Trials	Sheffield, GBR	22 May 1992
1:03.61	2h4	Beverly Rose	Olympic Games	Los Angeles, Ca	31 Jul 1984
1:04.44	5	Rose	Commonwealth Games	Brisbane, AUS	4 Oct 1982
1:04.60	=5R	Helen Jameson	Olympic Games	Moscow, URS	20 Jul 1980
1:05.59	3Rh1	Jameson	Olympic Games	Moscow, URS	20 Jul 1980
1:05.70	3	Jameson	Coca Cola International	London (CP), GBR	15 Apr 1979
1:05.83		Joy Beasley	World Championships	West Berlin, FRG	22 Aug 1978
1:05.98	5	Helen Gilyard	Commonwealth Games	Edmonton, Ab	7 Aug 1978
1:06.16	3h2	Beasley	Commonwealth Games	Edmonton, Ab	6 Aug 1978
1:06.19	1	Amanda James	GBR Nationals/CGTs-WCTs	Blackpool, GBR	26 May 1978
1:06.41		Beasley			22 Jan 1977
1:06.66	5h3	Beasley	Olympic Games	Montreal, Qc	20 Jul 1976
1:06.83	3Rh2	Beasley	Olympic Games	Montreal, Qc	18 Jul 1976
1:06.9	1	Beasley	GBR Olympic Trials	Blackpool, GBR	29 May 1976
1:07.67		R Roughley			20 Aug 1975
1:08.27		Beasley			24 Jan 1975
1:08.55	h	Margaret Kelly	European Championships	Vienna, AUT	22 Aug 1974
1:08.57		M Crook			27 Apr 1974
1:08.61		Kelly			1 Jun 1973
1:08.7		Linda Ludgrove		Coventry, GBR	22 Jul 1967

#### Women's 200 metres Backstroke

2:06.66	4	Gemma Spofforth	World Championships	Rome, ITA	1 Aug 2009
2:07.21	1sf2	Elizabeth Simmonds	World Championships	Rome, ITA	31 Jul 2009
2:07.69	1h7	Spofforth	World Championships	Rome, ITA	31 Jul 2009
2:08.51	6	Simmonds	Olympic Games	Beijing, CHN	16 Aug 2008
2:08.66	1h5	Simmonds	Olympic Games	Beijing, CHN	14 Aug 2008
2:08.74 cwr	1	Katy Sexton	World Championships	Barcelona, ESP	26 Jul 2003
2:09.27 cwr	1	Sexton	GBR Nationals/WCTs	Sheffield, GBR	23 Mar 2003
2:10.58	1	Sarah Price	Commonwealth Games	Manchester, GBR	3 Aug 2002
2:10.78	1	Price	GBR Nationals/CGTs	Manchester, GBR	14 Apr 2002
2:10.97	1	Price	Speedo GP	Bath, GBR	7 Dec 2001
2:11.04	1	Joanna Fargus	Scottish Championships	Glasgow, GBR	24 Jun 2001
2:11.25	1	Helen Don-Duncan	GBR Olympic Trials	Sheffield, GBR	29 Jul 2000
2:11.73	h	Don-Duncan	GBR Olympic Trials	Sheffield, GBR	28 Jul 2000
2:12.68	sf	Fargus	European Championships	Helsinki, FIN	3 Jul 2000
2:13.00	2	Sexton	US Spring Nationals	Federal Way, Wa	28 Mar 2000
2:13.18	1	Sexton	Commonwealth Games	Kuala Lumpur, MAS	17 Sep 1998
2:13.70	1	Sexton	GBR Nationals/CGTs	Sheffield, GBR	10 Jul 1998
2:13.82	1	Don-Duncan	GBR World Championship Trials	Sheffield, GBR	12 Dec 1997
2:13.91	2fB	Joanne Deakins	Olympic Games	Barcelona, ESP	31 Jul 1992
2:14.07	1	Katherine Read	GBR Olympic Trials	Sheffield, GBR	24 May 1992
2:14.23	5	Deakins	European Championships	Athens, GRE	25 Aug 1991
2:14.74	4	Deakins	Commonwealth Games	Auckland, NZL	30 Jan 1990
2:14.87	1	Read	GBR Nationals/CGTs	Coventry, GBR	30 May 1986
2:16.00	1	Read	GBR Olympic Trials	Coventry, GBR	28 May 1984
2:17.66	2fB	Jane Admans	European Championships	Split, YUG	12 Sep 1981
2:17.84	4h2	Helen Jameson	Olympic Games	Moscow, URS	27 Jul 1980
2:18.13	h	Admans	Coca Cola International	Leeds, GBR	13 Apr 1980
2:18.94		Admans			28 Jul 1979
2:19.30		Sharron Davies			21 Apr 1978
2:20.64		Davies			8 Apr 1978
2:21.02	2	Admans	Coca Cola International	Leeds, GBR	27 Mar 1978
2:21.18		Sharron Davies			
2:21.79		Davies			14 Aug 1976
2:24.2-h		Kim Wilkinson	GBR Olympic Trials	Blackpool, GBR	30 May 1976
2:25.0		Wilkinson			1 May 1976
2:25.0		Davies			1 May 1976
2:25.9		Joy Beasley			25 Apr 1976
2:26.2	h	Wendy Burrell	European Championships	Barcelona, ESP	9 Sep 1970

### Women's 50 metres Breaststroke

30.04 CWR	2sf2	Imogen Clark	European Championships	Glasgow, GBR	8 Aug 2018
30.21	1	Clark	GBR Nationals/WCTs	Sheffield, GBR	18 Apr 2017
30.56	1h4	Sophie Taylor	Commonwealth Games	Glasgow, GBR	24 Jul 2014
30.57 wr	1sf2	Zoe Baker	Commonwealth Games	Manchester, GBR	30 Jul 2002
31.03	1h3	Baker	Commonwealth Games	Manchester, GBR	30 Jul 2002
31.04	1sf2	Baker	GBR Nationals/CGTs	Manchester, GBR	10 Apr 2002
31.23	1h5	Baker	World Championships	Fukuoka, JPN	26 Jul 2001
31.43 er	1sf	Baker	European Championships	Istanbul, TUR	29 Jul 1999
31.52	1h	Baker	GBR Nationals/ECTs	Sheffield, GBR	8 Jul 1999
32.53		Baker		Southland, NZL	6 Apr 1997
32.59	1h3	Lorraine Coombes	World Championships	Perth, AUS	6 Jan 1991
32.94	+	Coombes	European Championships	Bonn, GER	18 Aug 1989
32.94	1+	Coombes	LEN Invitational	Rome, ITA	9 Aug 1990
32.95		Margaret Hohmann		Hamburg, FRG	29 Apr 1989
33.06 cwr	1+	Margaret Kelly	Olympic Games	Moscow, URS	25 Jul 1980
33.55 cwr	=2+	Kelly	World Championships	West Berlin, FRG	22 Aug 1978
33.55 cwr	1+	Kelly	Fina Cup	Tokyo, JPN	2 Sep 1979
33.59 cwr	1h2+	Kelly	World Championships	West Berlin, FRG	22 Aug 1978

### Women's 100 metres Breaststroke

1:06.34	1	Siobhan-Marie O'Connor	Scottish Championships	Glasgow, GBR	2 Jul 2016
1:06.35	1	Sophie Taylor	Commonwealth Games	Glasgow, GBR	28 Jul 2014
1:07.08	1	Taylor	GBR Nationals	Glasgow, GBR	14 Apr 2014
1:07.36	2	Taylor	World Junior Championships	Dubai, UAE	28 Aug 2013
1:07.56	1h/sf	Kate Haywood	GBR Olympic Trials	Sheffield, GBR	2 Apr 2008
1:07.67	2sf1	Kirsty Balfour	World Championships	Melbourne, AUS	26 Mar 2007
1:07.83	3	Balfour	Commonwealth Games	Melbourne, AUS	20 Mar 2006
1:08.14	1sf	Haywood	GBR Nationals/WCTs	Manchester, GBR	16 Mar 2005
1:08.86		Rachel Genner		Sheffield, GBR	24 Jan 2004
1:09.00	1	Jaime King	GBR Nationals/WCTs	Sheffield, GBR	23 Mar 2003
1:09.01	1sf	Genner	GBR Nationals/WCTs	Sheffield, GBR	22 Mar 2003
1:09.59		Genner		Sheffield, GBR	17 Feb 2003
1:09.64	1	King	GBR Nationals/WCTs	Manchester, GBR	15 Apr 2001
1:09.92	1sf	Heidi Earp	GBR Olympic Trials	Sheffield, GBR	26 Jul 2000
1:10.39	h	Susannah 'Suki' Brownsdon	European Championships	Strasbourg, FRA	21 Aug 1987
1:11.05 cwr	2	Brownsdon	European Championships	Split, YUG	8 Sep 1981
1:11.48 cwr	4	Margaret Kelly	Olympic Games	Moscow, URS	26 Jul 1980
1:11.73 cwr	1h2	Kelly	World Championships	West Berlin, FRG	22 Aug 1978
1:13.02	1	Kelly	5 Nations	Dortmund, FRG	9 Apr 1978
1:13.11	1	Kelly	Coca Cola International	Leeds, GBR	26 Mar 1978
1:13.20	1h	Kelly	Coca Cola International	Leeds, GBR	25 Mar 1978
1:13.57 cwr	3sf2	Kelly	Olympic Games	Montreal, Qc	22 Jul 1976
1:14.23	2h5	Kelly	Olympic Games	Montreal, Qc	22 Jul 1976
1:14.47		Kelly		Leeds, GBR	18 Apr 1976
1:14.70	1	Christine Jarvis	AAU Spring Nationals	Long Beach, Ca	2 Apr 1976
1:15.48		Kelly			15 Aug 1975
1:15.82		Sandra Dickie			13 Apr 1974
1:16.35	4	Jarvis	World Championships	Belgrade, YUG	5 Sep 1973
1:16.53	3sf1	Dorothy Harrison	Olympic Games	Munich, FRG	1 Sep 1972
1:16.99	1h3	Harrison	Olympic Games	Munich, FRG	1 Sep 1972
1:17.0	4	Harrison	European Championships	Barcelona, ESP	7 Sep 1970

### Women's 200 metres Breaststroke

2:22.08	1	Jocelyn Ulyett	GBR Nationals/WCTs	Sheffield, GBR	19 Apr 2017
2:22.33	2sf2	Molly Renshaw	Olympic Games	Rio de Janeiro, BRA	10 Aug 2016
2:22.34	1	Chloe Tutton	GBR Olympic Trials	Glasgow, GBR	13 Apr 2016
2:23.56	1h	Renshaw	GBR Olympic Trials	Glasgow, GBR	13 Apr 2016
2:23.82	2	Renshaw	European Championships	Berlin, GER	22 Aug 2014
2:24.04	2	Kirsty Balfour	Commonwealth Games	Melbourne, AUS	18 Mar 2006
2:26.18	1h1	Balfour	Commonwealth Games	Melbourne, AUS	17 Mar 2006
2:27.88	1sf	Balfour	GBR Olympic Trials	Sheffield, GBR	8 Apr 2004
2:28.10	1	Jaime King	GBR Nationals/WCTs	Manchester, GBR	11 Apr 2001
2:29.02	1	King	Super Grand Prix	Sheffield, GBR	28 May 2000
2:29.91	h	King	European Championships	Seville, ESP	19 Aug 1997

2:30.51	1	Caroline Warren	GBR Nationals/ECTs	Sheffield, GBR	10 Apr 1997
2:30.53	1	Marie Hardiman	GBR Nationals/CGTs-WCTs	London, GBR	29 Jul 1994
2:31.57	4	Jean Hill	European Championships	Strasbourg, FRA	19 Aug 1987
2:32.43	2h3	Hill	European Championships	Strasbourg, FRA	19 Aug 1987
2:33.16	1	Susannah 'Suki' Brownsdon	Speedo International	Cardiff, GBR	4 May 1985
2:34.43 cwr	1	Brownsdon	URS vs GBR Duel	Kiev, URS	3 Jul 1981
2:35.64 cwr	2h4	Deborah 'Debbie' Rudd	World Championships	West Berlin, FRG	24 Aug 1978
2:36.98	1	Margaret Kelly	5 Nations	Dortmund, FRG	8 Apr 1978
2:38.13	1h	Kelly	Coca Cola International	Leeds, GBR	26 Mar 1978
2:38.26	2h1	Rudd	Olympic Games	Montreal, Qc	21 Jul 1976
2:38.6-h	1	Kelly	GBR Olympic Trials	Blackpool, GBR	29 May 1976
2:41.93		Kelly		Leeds, GBR	19 Apr 1976
2:41.96	2	Christine Jarvis	AAU Spring Nationals	Long Beach, Ca	2 Apr 1976
2:42.13	1	Kelly	GBR Nationals	Coventry, GBR	28 Aug 1975
2:43.11	1	Patricia 'Pat' Beavan	Commonwealth Games	Christchurch, NZL	26 Jan 1974
2:44.20		Beavan			28 Jul 1972
2:44.25	h	Beavan			28 Jul 1972
2:45.0		Dorothy Harrison			12 Jan 1972
2:45.6	3	Harrison	European Championships	Barcelona, ESP	11 Sep 1970
2:3	dq ( )	Brownsdon	European Championships	Split, YUG	10 Sep 1981
2:34.29	dq (4)	Rudd	World Championships	West Berlin, FRG	24 Aug 1978

#### Women's 50 metres Butterfly

25.20 CWR	1	Francesca 'Fran' Halsall	Commonwealth Games	Glasgow, GBR	27 Jul 2014
25.36 cwr	1sf2	Halsall	Commonwealth Games	Glasgow, GBR	26 Jul 2014
25.64	1h6	Halsall	Commonwealth Games	Glasgow, GBR	26 Jul 2014
25.69	1h6	Halsall	World Championships	Barcelona, ESP	2 Aug 2013
25.86	3	Halsall	Trofeo Sette Colli	Rome, ITA	19 Jun 2011
26.24	1	Halsall	Commonwealth Games	Delhi, IND	5 Oct 2010
26.31	3	Halsall	Trofeo Sette Colli	Rome, ITA	6 Jun 2008
26.74	1	Halsall	ASA Championships	Sheffield, GBR	28 Jul 2007
27.05	1	Alison Sheppard	Scottish Championships	Glasgow, GBR	24 Jun 2001
27.05	1	Sheppard	GBR Nationals/CGTs	Manchester, GBR	12 Apr 2002
27.32	1	Caroline Foot	Super Speedo GP	Sheffield, GBR	27 May 2000
27.46	2	Susan Rolph	Mare Nostrum	Barcelona, ESP	24 May 2000
27.67	1	Nicola Jackson	GBR Winter Nationals	Sheffield, GBR	18 Dec 1999
27.77	1sf	Jackson	GBR Winter Nationals	Sheffield, GBR	17 Dec 1999
27.86	1h	Jackson	GBR Winter Nationals	Sheffield, GBR	17 Dec 1999
28.06		Jackson		Sheffield, GBR	2 May 1999
28.16	1	Foot	GBR World Championship Trials	Sheffield, GBR	11 Dec 1997
28.19		Rolph	Speedo GP	Cardiff, GBR	22 Mar 1997
28.22 cwr	7	Caroline Cooper	Speedo International	Amersfoort, NED	28 Jan 1984

#### Women's 100 metres Butterfly

57.25	1	Ellen Gandy	GBR Olympic Trials	London, GBR	4 Mar 2012
57.40	2	Francesca 'Fran' Halsall	European Championships	Budapest, HUN	13 Aug 2010
57.49	1	Gandy	GBR Nationals/WCTs	Sheffield, GBR	17 Mar 2009
57.78	1hy	Jemma Lowe	GBR Olympic Trials	Sheffield, GBR	3 Apr 2008
57.78	4sf1	Lowe	Olympic Games	Beijing, CHN	10 Aug 2008
58.44	1hx	Halsall	GBR Olympic Trials	Sheffield, GBR	3 Apr 2008
58.71	5fA	Lowe	Japan International	Chiba, JPN	23 Aug 2007
58.73	1sf	Lowe	ASA Championships	Sheffield, GBR	29 Jul 2007
59.02	2sf2	Terri Dunning	Commonwealth Games	Melbourne, AUS	18 Mar 2006
59.45	1	Georgina Lee	GBR Olympic Trials	Sheffield, GBR	8 Apr 2004
59.72	1h	Lee	GBR Olympic Trials	Sheffield, GBR	7 Apr 2004
59.84	1h	Rosalind Brett	GBR Olympic Trials	Sheffield, GBR	7 Apr 2004
1:00.24	2fA	Lee	US Spring Nationals	Indianapolis, In	4 Apr 2003
1:00.29	1	Lee	GBR Nationals/CGTs	Manchester, GBR	13 Apr 2002
1:00.35	1sf2	Lee	GBR Nationals/CGTs	Manchester, GBR	12 Apr 2002
1:00.37	1	Lee	GBR Nationals/WCTs	Manchester, GBR	12 Apr 2001
1:00.40	2	Susan Rolph	Super Speedo	Sheffield, GBR	27 May 2000
1:00.46	1	Rolph	FRA Nationals	Rennes, FRA	21 Mar 2000
1:00.47	h	Rolph	FRA Nationals	Rennes, FRA	21 Mar 2000
1:01.17	1	Margaretha Pedder	GBR Winter Nationals	Sheffield, GBR	19 Dec 1999
1:01.33	3	Madeleine Scarborough	Commonwealth Games	Auckland, NZL	28 Jan 1990

1:01.48	2fB	Nicola Fibbens	Olympic Games	Los Angeles, Ca	2 Aug 1984
1:01.56	4	Ann Osgerby	European Championships	Rome, ITA	25 Aug 1983
1:01.87		Osgerby			12 Jul 1983
1:01.93	2h4	Osgerby	Olympic Games	Moscow, URS	24 Jul 1980
1:02.32	1	Osgerby	Coca Cola International	Leeds, GBR	12 Apr 1980
1:02.58	1	Osgerby	USA vs GBR Duel	Orlando, FI	22 Aug 1979
1:02.74	7	Osgerby	World Championships	West Berlin, FRG	23 Aug 1978
1:02.74	h	Osgerby	AAU Nationals	Fort Lauderdale, FI	18 Aug 1979
1:02.74	3fB	Sue Cooper	AAU Nationals	Fort Lauderdale, FI	18 Aug 1979
1:02.90	h	Osgerby	World Championships	West Berlin, FRG	23 Aug 1978
1:03.30	1h2	Susan 'Sue' Jenner	Commonwealth Games	Edmonton, Ab	6 Aug 1978
1:03.56		Jenner			13 May 1978
1:03.76		Jenner			25 Jun 1977
1:03.88		Jenner			30 Apr 1977
1:04.06	8sf2	Jenner	Olympic Games	Montreal, Qc	21 Jul 1976
1:04.19	3h1	Jenner	Olympic Games	Montreal, Qc	21 Jul 1976
1:04.2		Jenner			3 Jun 1976
1:04.3-h	1	Joanne Atkinson	GBR Olympic Trials	Blackpool, GBR	30 May 1976
1:04.44		Jenner			15 May 1976
1:04.5		Jenner			1 May 1976
1:04.94		Jenner			24 Apr 1976
1:05.09		Anne Adams			9 Aug 1975
1:05.26		Atkinson			25 May 1975
1:05.48	5	Atkinson	European Championships	Vienna, AUT	22 Aug 1974
1:05.96	2	Kim Wickham	Commonwealth Games	Christchurch, NZL	28 Jan 1974
1:06.26		Atkinson		Coventry, GBR	4 Aug 1973
1:06.6		Jean Jeavons	GBR Olympic Trials	London, GBR	15 Jul 1972

#### Women's 200 metres Butterfly

2:04.83 cwr	1	Ellen Gandy	GBR Nationals/WCTs	Sheffield, GBR	19 Mar 2009
2:06.64	1sf2	Jemma Lowe	GBR Olympic Trials	Sheffield, GBR	31 Mar 2008
2:07.69	1sf1	Gandy	GBR Olympic Trials	Sheffield, GBR	31 Mar 2008
2:08.88	1h	Gandy	GBR Olympic Trials	Sheffield, GBR	31 Mar 2008
2:08.89	1sf	Georgina Lee	GBR Olympic Trials	Sheffield, GBR	10 Apr 2004
2:09.40	1h	Lee	US Spring Nationals	Indianapolis, In	2 Apr 2003
2:10.21	1	Lee	GBR Nationals/WCTs	Manchester, GBR	14 Apr 2001
2:10.33	5sf2	Lee	Olympic Games	Sydney, GBR	19 Sep 2000
2:10.57	1	Margaretha Pedder	US Spring Nationals	Federal Way, Wa	28 Mar 2000
2:11.81	1h	Pedder	US Spring Nationals	Federal Way, Wa	28 Mar 2000
2:11.97	1h1	Samantha Purvis	Olympic Games	Los Angeles, Ca	4 Aug 1984
2:13.00	4	Ann Osgerby	European Championships	Rome, ITA	27 Aug 1983
2:13.79	1	Osgerby	GBR Nationals	Coventry, GBR	23 Jul 1983
2:13.91	3	Osgerby	Commonwealth Games	Brisbane, AUS	5 Oct 1982
2:14.52	1h1	Osgerby	Commonwealth Games	Brisbane, AUS	4 Oct 1982
2:14.72	6	Osgerby	European Championships	Split, YUG	8 Sep 1981
2:14.83	6	Osgerby	Olympic Games	Moscow, URS	21 Jul 1980
2:15.17	3h1	Osgerby	Olympic Games	Moscow, URS	21 Jul 1980
2:15.45	3	Susan Jenner	European Championships	Jonkoping, SWE	19 Aug 1977
2:19.5	1	Jane Alexander	GBR Olympic Trials	Blackpool, GBR	29 May 1976
2:21.15		Joanne Atkinson			24 May 1975
2:22.79	7	Debbie Simpson	European Championships	Vienna, AUT	25 Aug 1974
2:23.6		Jean Jeavons	GBR Olympic Trials	London, GBR	14 Jul 1972
2:26.1		Jeavons			25 Jun 1972
2:26.6		Moira Brown			8 Jun 1972

#### Women's 200 metres Individual Medley

2:06.88 CWR	2	Siobhan-Marie O'Connor	Olympic Games	Rio de Janeiro, BRA	9 Aug 2016
2:07.57	1sf1	O'Connor	Olympic Games	Rio de Janeiro, BRA	8 Aug 2016
2:08.21	1	O'Connor	Commonwealth Games	Glasgow, GBR	27 Jul 2014
2:09.46	3sf2	Hannah Miley	World Championships	Rome, ITA	26 Jul 2009
2:09.59	1	Miley	GBR Nationals/WCTs	Sheffield, GBR	17 Mar 2009
2:11.46	1h/sf	Miley	GBR Olympic Trials	Sheffield, GBR	2 Apr 2008
2:12.42	?h/sf	Keri-Anne Payne	GBR Olympic Trials	Sheffield, GBR	2 Apr 2008
2:14.10	2	Miley	Mare Nostrum	Barcelona, ESP	13 Jun 2007
2:14.57	1	Miley	Mare Nostrum	Canet, FRA	10 Jun 2007
2:14.62	1	Susan Rolph	GBR Nationals/ECTs	Sheffield, GBR	11 Jul 1999



2:15.39	3	Rolph	Commonwealth Games	Kuala Lumpur, MAS	16 Sep 1998
2:16.04	1	Rolph	GBR Nationals/CGTs	Sheffield, GBR	12 Jul 1998
2:16.41	1	Rolph	GBR Olympic Trials	Sheffield, GBR	24 Mar 1996
2:17.21	2	Jean Hill	Commonwealth Games	Edinburgh, GBR	26 Jul 1986
2:17.31 cwr	1	Sharron Davies	GBR vs SWE Duel	Blackpool, GBR	20 Apr 1980
2:17.55 cwr	1	Davies	Speedo International	Amersfoort, NED	2 Feb 1979
2:17.82 cwr	1h1	Davies	Commonwealth Games	Edmonton, Ab	4 Aug 1978
2:19.75		Davies	GBR Nationals/CGTs-WCTs	Blackpool, GBR	27 May 1978
2:20.99	2	Davies	Coca Cola International	Leeds, GBR	26 Mar 1978
2:21.57	4	Davies	European Championships	Jonkoping, SWE	21 Aug 1977
2:24.08		Ann Adams			25 Apr 1976
2:24.88		Adams			8 Aug 1975
2:25.01		Adams			25 May 1975
2:26.86	1h2	Susan Richardson	Commonwealth Games	Christchurch	25 Jan 1974
2:29.5		Shelagh Ratcliffe			4 Apr 1970

#### Women's 400 metres Individual Medley

4:31.33	1	Hannah Miley	GBR Nationals/WCTs	Sheffield, GBR	20 Mar 2009
4:33.24	1h	Miley	GBR Olympic Trials	Sheffield, GBR	5 Apr 2008
4:38.48	1h	Keri-Anne Payne	GBR Olympic Trials	Sheffield, GBR	5 Apr 2008
4:39.77	1	Miley	Dutch Open	Eindhoven, NED	6 Dec 2007
4:39.91	1	Miley	Mare Nostrum	Barcelona, ESP	14 Jun 2007
4:40.07	1h	Miley	GBR Nationals	Manchester	26 Mar 2007
4:44.21	1	Miley		Eindhoven, NED	2 Dec 2006
4:44.60	2	Rebecca Cooke	Commonwealth Games	Melbourne, AUS	21 Mar 2006
4:45.52	1	Cooke	GBR Nationals	Sheffield, GBR	7 Aug 2005
4:46.54	1	Cooke	GBR Nationals/WCTs	Manchester, GBR	16 Mar 2005
4:46.79	1	Cooke	GBR Olympic Trials	Sheffield, GBR	8 Apr 2004
4:46.83 cwr	2	Sharron Davies	Olympic Games	Moscow, URS	26 Jul 1980
4:47.67 cwr	1	Davies	Speedo International	Amersfoort, NED	3 Feb 1979
4:52.44	1	Davies	Commonwealth Games	Edmonton, Ab	8 Aug 1978
4:53.9		Davies			
4:54.88	2	Davies	Coca Cola International	Leeds, GBR	27 Mar 1978
4:54.95	3	Davies	European Championships	Jonkoping, SWE	18 Aug 1977
5:02.1-h	1	Susan Richardson	GBR Olympic Trials	Blackpool, GBR	29 May 1976
5:03.99		Richardson			15 May 1976
5:04.80		Richardson			1 May 1976
5:06.71	3	Richardson	European Championships	Vienna, AUT	21 Aug 1974
5:08.59	1h1	Richardson	Commonwealth Games	Christchurch, NZL	31 Jan 1974
5:13.88	4h2	Richardson	World Championships	Belgrade, YUG	6 Sep 1973
5:15.40		Shelagh Ratcliffe			15 Aug 1971
5:17.89	3	Ratcliffe	Commonwealth Games	Edinburgh, GBR	23 Jul 1970

#### Women's 4X100 metres Freestyle Relay

3:35.72	2	GBR National team	Commonwealth Games	Glasgow, GBR	24 Jul 2014
3:36.99	7	GBR National team	World Championships	Rome, ITA	26 Jul 2009
3:37.02	3h4	GBR National team	World Championships	Rome, ITA	26 Jul 2009
3:38.18	7	GBR National team	Olympic Games	Beijing, CHN	10 Aug 2008
3:39.18	4h1	GBR National team	Olympic Games	Beijing, CHN	9 Aug 2008
3:40.54 cwr	5	GBR National team	Olympic Games	Sydney, GBR	16 Sep 2000
3:42.47 cwr	1h1	GBR National team	Olympic Games	Sydney, GBR	16 Sep 2000
3:43.20	2	ENG National team	Commonwealth Games	Kuala Lumpur, MAS	14 Sep 1998
3:45.30	7	GBR National team	World Championships	Perth, AUS	14 Jan 1998
3:45.52	5	GBR National team	World Championships	Rome, ITA	7 Sep 1994
3:46.23	1	ENG National team	Commonwealth Games	Victoria, BC	21 Aug 1994
3:48.87	6	GBR National team	European Championships	Bonn, GER	17 Aug 1989
3:49.65	2	ENG National team	Commonwealth Games	Edinburgh, GBR	27 Jul 1986
3:50.12	6	GBR National team	Olympic Games	Los Angeles, Ca	31 Jul 1984
3:50.38	5	GBR National team	European Championships	Rome, ITA	24 Aug 1983
3:51.06	4	GBR National team	European Championships	Split, YUG	8 Sep 1981
3:51.71	4	GBR National team	Olympic Games	Moscow, URS	27 Jul 1980
3:53.08	3h1	GBR National team	Olympic Games	Moscow, URS	27 Jul 1980
3:53.27	2	ENG National team	Commonwealth Games	Edmonton, Ab	5 Aug 1978
3:55.77	3	GBR National team	European Championships	Jonkoping, SWE	19 Aug 1977
4:00.97 (nr?)	5h2	GBR National team	Olympic Games	Montreal, Qc	25 Jul 1976

4:05.88 (nr?)	6h2	GBR National team	World Championships	Cali, COL	26 Jul 1975
4:09.51 (nr?)	6h2	GBR National team	Olympic Games	Munich, FRG	30 Aug 1972

#### Women's 4X200 metres Freestyle Relay

7:45.51	3	GBR National team	World Championships	Rome, ITA	30 Jul 2009
7:49.04	1h1	GBR National team	World Championships	Rome, ITA	30 Jul 2009
7:52.36	2	GBR National team	European Championships	Eindhoven, NED	21 Mar 2008
7:57.02	5	GBR National team	World Championships	Melbourne, AUS	29 Mar 2007
7:58.69	1	GBR National team	World Championships	Fukuoka, JPN	25 Jul 2001
8:02.96	1h1	GBR National team	World Championships	Fukuoka, JPN	25 Jul 2001
8:03.69	6	GBR National team	Olympic Games	Sydney, GBR	20 Sep 2000
8:07.41	4h1	GBR National team	Olympic Games	Sydney, GBR	20 Sep 2000
8:08.00	4	GBR National team	European Championships	Istanbul, TUR	27 Jul 1999
8:08.14	6	GBR National team	World Championships	Perth, AUS	17 Jan 1998
8:09.44	5	GBR National team	European Championships	Seville, ESP	19 Aug 1997
8:09.62	2	ENG National team	Commonwealth Games	Victoria, BC	19 Aug 1994
8:11.11	3	GBR National team	European Championships	Sheffield, GBR	3 Aug 1993
8:13.70	2	ENG National team	Commonwealth Games	Edinburgh, GBR	25 Jul 1986
8:15.21 cwr	1	GBR National team		London, GBR	26 Feb 1984
8:15.50 cwr	4	GBR National team	European Championships	Rome, ITA	22 Aug 1983

#### Women's 4X100 metres Medley Relay

3:56.91	3	GBR National team	European Championships	Glasgow, GBR	9 Aug 2018
3:56.96	7	GBR National team	Olympic Games	Rio de Janeiro, BRA	13 Aug 2016
3:57.03	4	GBR National team	World Championships	Rome, ITA	1 Aug 2009
3:57.50	4	GBR National team	Olympic Games	Beijing, CHN	17 Aug 2008
3:59.14	2h2	GBR National team	Olympic Games	Beijing, CHN	15 Aug 2008
3:59.33	1	GBR National team	European Championships	Eindhoven, NED	24 Mar 2008
4:02.18	4	GBR National team	World Championships	Melbourne, AUS	31 Mar 2007
4:02.24	1	GBR National team	European Championships	Budapest, HUN	6 Aug 2006
4:04.61	2	ENG National team	Commonwealth Games	Melbourne, AUS	21 Mar 2006
4:05.63	2h2	GBR National team	Olympic Games	Athens, GRE	20 Aug 2004
4:05.65	3	ENG National team	Commonwealth Games	Manchester, GBR	4 Aug 2002
4:06.66	6	GBR National team	World Championships	Fukuoka, JPN	29 Jul 2001
4:07.52	2h1	GBR National team	Olympic Games	Sydney, GBR	22 Sep 2000
4:09.18	3	GBR National team	European Championships	Istanbul, TUR	1 Aug 1999
4:10.31	3	GBR National team	European Championships	Seville, ESP	23 Aug 1997
4:11.88	2	ENG National team	Commonwealth Games	Auckland, NZL	29 Jan 1990
4:12.24 cwr	2	GBR National team	Olympic Games	Moscow, URS	20 Jul 1980
4:16.29	1h1	GBR National team	Olympic Games	Moscow, URS	20 Jul 1980
4:19.83	1	GBR National team	GBR vs URS Duel	Coventry, GBR	22 Apr 1979
4:19.87	3	ENG National team	Commonwealth Games	Edmonton, Ab	8 Aug 1978
4:21.07	4	GBR National team	European Championships	Jonkoping, SWE	20 Aug 1977
4:23.25	6	GBR National team	Olympic Games	Montreal, Qc	18 Jul 1976
4:23.91	3h2	GBR National team	Olympic Games	Montreal, Qc	18 Jul 1976

4:34.61 (nr?)	5h2	GBR National team	Olympic Games	Munich, FRG	3 Sep 1972
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3:57.	dq (6)	GBR National team	World Championships	Kazan, RUS	9 Aug 2015
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4:04.	dq (5)	GBR National team	Olympic Games	Athens, GRE	20 Aug 2004
		(Siobhan-Marie O'Connor breaststroke leg dq)			
		(Kathryn Evans freestyle leg -0.05secs)			

#### Mixed 4X100 metres Freestyle Relay

3:33.28	6	GBR National team	Youth Olympic Games	Nanjing, CHN	17 Aug 2014
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#### Mixed 4X200 metres Freestyle Relay

7:29.72 CWR	3	GBR National team	European Championships	Glasgow, GBR	4 Aug 2018
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#### Mixed 4X100 metres Medley Relay

3:40.18 cwr	1	GBR National team	European Championships	Glasgow, GBR	6 Aug 2018
3:41.56	5	GBR National team	World Championships	Budapest, HUN	26 Jul 2017
3:41.71 wr/cwr	1	GBR National team	World Championships	Kazan, RUS	5 Aug 2015
3:44.02 wr	1	GBR National team	European Championships	Berlin, GER	19 Aug 2014

Key:  
WR = current World Record  
wr = former world record  
CWR = current Commonwealth Record  
cwr = former Commonwealth Record  
(nr?) = unsure of National Record status  
dq () = disqualified, with original placing